

# GLOBAL *EXPRESS*

No1 July–Sept 94



Dennis Mayor

WHERE ARE YOU HEADED?



# ... Just in Time

## A NEW SOUTH AFRICA

Much has been written about the South African who captured the hearts of the world. How did a man who spent 27 years in prison become the President of his country? What was it that made President de Klerk stand up for Black rights and risk his position and power among the white population and his own political party? These and other questions are often unasked and unanswered. Yet it is in the crucible of the human heart, where courage, forgiveness and hope is born. Only then is it communicated to a nation and to the world.

The South African Election was a momentous and deeply moving experience for people all over the world. It was a lift to the human spirit to see such happy scenes on TV as people of all races stood in line to cast their vote. A comment made by one black South African echoes the sentiments of his countrymen: "South Africa will never be the same again. We have found each other and how much we need each other, despite our differences. A new beginning was made, there is no time to relax, we must get on with the job of uplifting our people. "Perhaps it was President Mandela's remarkable ability to forgive, to rise above vengeance and revenge, that tapped into the African psyche and heart power.

Another remarkable turn of events was the entry of Chief Buthelezi into the election process. Behind the scenes there was another process that took place when Kenyan Professor Washington Okumu mediated in an otherwise deadlocked situation. Professor Okumu described how he introduced the "African way" of negotiating, referring to the failed attempts of Dr Kissinger and Lord Carrington, for whom he had earlier played an advisory role. He said that the Western negotiators came with a clear agenda and time scale and set out to fit the outcome into that framework. The African way, he said, was "relational negotiations" where the person and his feelings were addressed and mitigated.

Kenneth Kaunda, former President of Zambia, who was at a polling station in Kwa Zulu, said that South Africa had been an inspiration to other African leaders. South Africa has certainly launched on a long journey. The world looked with amazement at the successful election process. Let us hope that the world will continue to think about the more difficult task of building a new South Africa and give every support. At a time when some of the former communist countries are voting in their ousted leaders of dictatorial regimes, it is worth remembering that people cannot survive on freedom alone.

The challenges of the future cannot just be left to Nelson Mandela and the people of South Africa. It is also a challenge to the rest of the world. If democracy, economic development

and justice are sustained in South Africa, it will be a win-win situation for the whole of Africa and the world.

**MOHAN BHAGWANDAS**  
Melbourne, Australia

## KURT COBAIN

**Did he really "hate himself and want to die"?**

Kurt Cobain had money, a wife, a daughter, genius songwriting talents and success. It has been widely written in the media that it was the success which drove him to suicide. A Melbourne newspaper wrote "...angry young artist... could not handle success... powerless to awake from the bad dream that is often rock 'n' roll fame." The most disturbing comment, however, was that because of the tradition of Hendrix, Joplin and Morrison etc..., Cobain's death "should not have come as a surprise." Well, it surprised me.

'Rolling Stone' spoke to Kurt a few months before the suicide. This is what he had to say: "I have been relieved of so much pressure. I am much happier than a lot of people think I

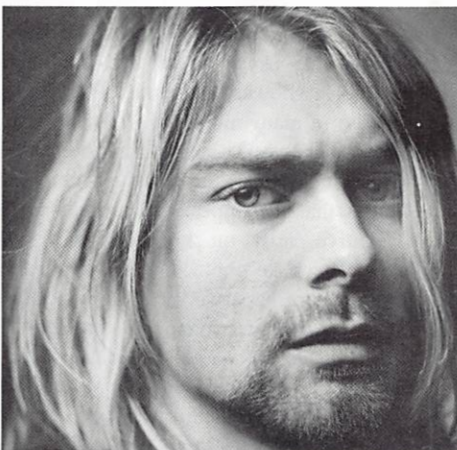


Photo courtesy Rolling Stone magazine

am... I'm really thankful and each month come to more optimistic conclusions." Asked how literal the controversial former title to Nirvana's latest album was, "I Hate Myself And I Want To Die", he replied, "As literal as a joke can be. Nothing more than a joke." Many people read the articles, deciphered the occasional lyric and came to the conclusion that he was twisted and suicidal. According to Kurt, an extreme introvert, his lyrics are "satirical, and serious at the same time." His lyrics are often cryptic and many intensely personal - making them easy targets for misinterpretation.

Hopefully, none of his devoted fans got the wrong idea about his suicide - it was not a courageous option. Suicide is ugly - not the glorious ending of a lifestyle of excess as is portrayed in Hollywood. While Cobain had

contemplated suicide when his stomach ailment was literally driving him insane, I find it hard to understand why he, who "had never been happier", would end his life. Perhaps we will never know.

**BEN McSKIMMING**  
Melbourne, Australia

## Soccer - USA '94

What would it be like to play in the world's single biggest sporting event - the 1994 Soccer World Cup?

It would be a unique experience. You could return back to your own country successful and be treated like a demi-god. But, what would happen if your team was knocked out in the first round? Management could lose their jobs and the players' careers would be on the line.

The life of a professional sportsperson is subjected to both ends of the scale. For example, a young soccer player who is a new face to the Soccer World Cup has a sensational effect on the tournament. Suddenly his life is under the spotlight. Before the World Cup he was just one of the team. Now he has stepped into the big time. He may even receive a large contract and endorsements from some big name shoe company! These factors are all positive, but what about the negative aspects? His life will be criticised from every angle, for it is criminal for our sport stars to be seen to make mistakes.

I'm sure a lot of us have dreamed of being at the top of the sporting ladder. But if you really think about the challenging factors to your personal and public life, you will realise it is not all plane sailing. If you talk to a professional and an amateur, you will probably find that the latter enjoys the game more. This is simply because the little known player goes down to the local ground to relieve a bit of stress and plays in a recreational fashion. The professional player performs in front of 50,000 people and must play well or face the consequences of the media.

World Cup Soccer is a competitive event which, I find, is riveting to watch. There is a lot at stake in every match so people tend to get a bit nervous, whether in the stadium or at home watching television. If the audience can feel like this, imagine the thoughts racing through the players' minds. The bitterness of defeat or the sweet taste of victory. USA 1994 Soccer World Cup will be the making or breaking of future careers. It isn't just kicking a ball around in a field of grass, it is an event that will challenge people's lives.

**ANDREW TATE**  
Wellington, New Zealand

# WORLD

**World eye looks at the paradigm changes facing us as a world community, the challenges and opportunities before us and how best we can equip ourselves to keep connected with a fast changing world.**

## Get Smart

Some of the world's rarest books and documents are stored in the Vatican Library. However, every year only 2000 scholars are allowed to access the 150,000 manuscripts and nearly two million books!

To bring this store house of knowledge to a wider audience (and to you as well) the Vatican Library has teamed up with the Pontifical Catholic University of Rio de Janeiro and IBM, to create a database, so that images and manuscripts can be displayed on computer screens internationally. The Images could be stored on CD-ROM or distributed across networks. So, now you can stay at home and get your PhD.

## Had any Fuzzy Ideas?

"Fuzzy Logic" came, as you might expect (?), from the University of California in the 1960s. Dr Lotfi Zadeh, an electrical engineer, observed that a lot of the words we use are like mathematical concepts. The words "many" and "few" are like numbers. "Frequently" and "rarely" are like probabilities. And "Very" and "somewhat" are like multiplication or division. Dr Zadeh thought that these words were like mathematical concepts, but not quite, because they were "fuzzy". So he came up with the theory of "fuzzy logic". We won't go into the details of the theory now, but Dr Michio Sugeno of Tokyo University of Technology has been able to mimic "fuzzy logic". He has made a remote controlled helicopter that responds to the human voice! He is able to "tell" his helicopter to move "somewhat" to the left and "sort of" upwards!

You'll be surprised to know that your 1990s heating/cooling system may be controlled by fuzzy logic control units. It works out what

you "feel" is a "pleasant" room temperature! An ancient Greek philosopher, Zeno, asked, "If you remove the grains from a pile of sand one at a time, at what point does it cease to be a pile?" What is your fuzzy answer to this?

## Keep Cool

An operator in an office in Perth, Western Australia, studies a monitor, and with a couple of key strokes on a computer, adjusts the temperature and humidity in an office building. The interesting thing is that the office building is in Singapore, one of 50 in that city, the conditions for which are controlled from Perth! EMS Control Systems, an Australian company is finding a ready market for such systems in Asian cities.

**MOHAN BHAGWANDAS**  
Melbourne, Australia

## Invisible Ink

The paper-less office was a prediction of the late 1980s. The other day I visited a friend who is in the front-line of the computer business. He showed me some of the tools that will be in many more work places in the coming year or two. The fax machine became a "must have" item in the early '90s, but the problem is that the paper it is printed on, a heat sensitive paper, quickly fades and curls up - the solution, to photocopy the fax for the file, makes more paperwork! Plain paper fax machines are not uncommon but for half the price you can now get a palm sized fax-modem which connects to your printer and phone line. With a fax card in your computer you can save the fax straight on to disk and read it from the screen.

Faxes travel down phone lines very slowly compared with the speeds which are possible. Operating at a higher speed, E-Mail (electronic mail) is already used by thousands. All you need is a phone line, a computer and a modem.

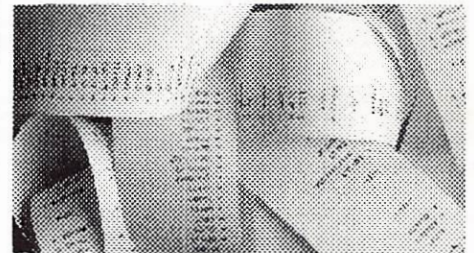
The Vice President of the United States, Al Gore, recently spoke of "Super information highways". Part of the plan is to have every library, hospital and school connected and one of the US phone companies (Bell Atlantic and Telecommunications Telephones) have already said they will connect half the schools for free. The Vice President added however, that they do not want anyone to be disadvantaged by not having access to this

information highway, particularly school students. He was introduced by Senator Barbara Boxer, who later predicted that by the year 2001 three quarters of all jobs will be in the telecommunications industry.

## Ring A Bell?

Getting one telephone conversation down a line was a major achievement for Alexander Graham Bell. Today, with glass fibres and lasers, 2000 or more conversations can be sent at the same time and no one notices the difference, except perhaps that the line is clearer. With this improvement comes the possibility of low cost video phones, digital TV, choosing whatever video you want and even doing your shopping. For instance, it will not be too difficult to scan a picture of yourself, send it to an electronic shop, see yourself on your screen dressed in the item of clothing you are thinking of buying, study style and colour options, choose what you want, supply your bank card number and receive the item by courier in a couple of days' time. In some places, grocery and consumer shopping are already possible in this way. And shortly, touch screen computers and voice recognition will reduce the need for keyboards.

What else is available? I regularly use my computer to get the latest news distributed by the Australian Associated Press on areas of the world that I have a particular interest in. Folding newspapers and magazines are not dead yet, but there are indications that they are on the way out, especially in the form that we know them (Thanks Rob - ed.). If you really want to hold something, and reading



from a standard screen does not appeal, then why not try hand-held magazine sized computer tablets? Information comes over the phone line or you buy it in memory cards (credit card size) which can be inserted into your hand held computer. You can get hold of it for much less than the price of a magazine, plus the information is live - it changes as things happen!

**ROB PATTISON**  
Adelaide, Australia

# eye



## The Universe and You

*Do you find yourself fascinated by the questions of how and why the universe began? It is a question whose ultimate answer remains elusive.*

For centuries, theologians, scientists and philosophers have delved into the mystery. Now, because of the accelerated pace of scientific discovery, we may be closer to understanding the process that brought our cosmos into being. The "Big Bang" theory, as it is known, says the universe exploded into existence some 15 billion years ago, from a

*"If the creation of the universe was purely a random event, then there is no meaning to the cosmos or to our lives..."*

state of "infinite" compression. It is still expanding. When we think of our origins starting in this way, we may well ask, "So, what was happening before the Big Bang and how was it caused anyway?"

Dr Paul Davies, Professor of Natural Philosophy at the University of Adelaide, in South Australia, has been studying such questions. He has the ability to interpret complex scientific matters in a way that ordinary people, like myself, can at least partly understand. In an article in *The Australian*, a national daily paper, he explained that it was "Augustine of Hippo, a Christian saint and thinker living in the fifth century, who concluded that the physical world was made with time, not in time" (St Augustine saw God as being outside of time). Davies goes on, "The origin of the universe was not simply the sudden appearance of matter in an eternally pre-existing void, but the coming into being of time itself. Time began with the rest of the universe. There was no 'before', no endless duration for God, nor a physical process, to wear itself out in an infinitely extended preparation.

"Remarkably, modern science has arrived at more or less the same conclusion as Augustine, based on the nature of space, time and gravitation. It was Albert Einstein who showed that space-time isn't just an immutable arena in which the cosmic drama is acted out, but is part of the cast - a physical component of the universe. Therefore, any

account of the ultimate origin of the universe must include the origin of time. The traditional Big Bang theory implies that at the very beginning, space and time would have been infinitely warped, forming a sort of edge to physical existence called a 'singularity', through which time cannot be continued. It follows that the Big Bang must coincide with the beginning of time, and any discussion about what happened before the Big Bang, or what caused it (in the usual sense of that word) is simply meaningless."

Other scientists, such as Stephen Hawking, are working on theories that test the possibility of the universe coming into being spontaneously. The cosmos detectives are hard at work! Yet Paul Davies asks, 'Why?' He admits, however, that if the creation of the universe was a purely random event, then there is no meaning to the cosmos or to our lives, a possibility he sees as highly unlikely. Davies is left with the conclusion that there must be some intellect behind the universe. Saint Augustine also believed in a creator God. It is a conclusion that is important if we are to feel a sense of purpose to our existence and hence a value to all that we do with our lives.

**JOHN MILLS**  
Adelaide, Australia

## GROWING GLOBAL

*I think we're getting the message: It's up to me. And it's up to me to rehabilitate the environment too.*

Did you know that the big "clean up" campaigns now sponsored by governments in many big cities began when a Sydney man got a group of friends together to get the junk

cleared from his local area? The idea took off. A research molecular biologist, Ian Robertson, is working with PhD students from the University of Zimbabwe on a 'virus-busting' programme to zap destructive viruses and allow for far greater potato production there. The project has been conducted simply, harnessing everyone's bright ideas - like using peanut butter jars for culture, cotton wool instead of agar jelly, and an adapted second-hand air-gun to do the job of a sophisticated and expensive 'gene gun'! And this all started because Ian Robertson remembered a technique he'd learned for making tissue culture when he was a student in Edinburgh.

The Bococks, a farming family in Alberta, Canada, have been on their land for three generations. They organised a community campaign which achieved stricter control of pollution in their state, years before it was "fashionable". They started using alternative energy sources, storage systems to reduce waste, and a system of crop rotation to reduce the need for chemical fertilisers. Bill Bocock says, "Farmers have a calling not only to feed the world but also to promote a quality of life that makes that possible."

And another group of environmentally with-it farmers are the 'British Farmers for International Development'. They have links with a farmers' group in the Sangli district of India. The British farmers send money to their Indian brothers and have also sent seeds for drought-resistant trees. This is not government-backed. It started when Pat and Kristin Evans of Worcestershire met farmers abroad, less well off than themselves, and took their plight to heart.

**NADA BOND**  
Canberra, Australia

### International Order Form

#### GLOBAL EXPRESS - Quarterly

226 Kooyong Road, Toorak, VIC. 3142, AUSTRALIA.

FAX: +61 3 822 6871

☐ One Subscription for one year ( Four times a year): Aus\$ 25 (incl. postage)

☐ An Order for .....copies (min. five) at reduced rate: Aus\$ 15 each

Name: .....

Address: .....

.....Fax: .....(F-T-L ☐)

Please send this form + International cheque (draft): pay to 'MRA Interactive Quarterly'

**Note: Cheaper subscriptions are available from your Regional Contact (see page 2).**

## SCHINDLER'S LIST - *A View From Prague*

**"THE POWER IS NOT TO KILL A PERSON, BUT TO LET HIM GO, TO GIVE LIFE WHEN YOU COULD HAVE KILLED. TO KILL IS WEAKNESS."**  
**Oskar Schindler**

The thing which touched me the most while watching Steven Spielberg's "Schindler's List" was the portrayal of the eternal struggle between love and power. This struggle is most obvious in the character of the Nazi-Commandant Amon Goeth (Ralph Fiennes). He loves his Jewish servant girl, Helena, and recognises at the same time that his wickedness makes true love impossible for him. He beats Helena with his fists and in so doing recognises his powerlessness. The same

struggle between love and power can be seen in the other main character, Oskar Schindler, a man of Czech origin, who tries to save Jews by pretending he is a Nazi. Particularly poignant is the moment when Schindler sees a train which is crammed full of Jews who are screaming for water and about to travel in desperately hot weather. He convinces his Nazi colleagues to give water to the Jews and is considered foolish, but he takes the risk, showing his humanity. Schindler, with the

power of his position, says to Goeth: "The power is not to kill a person, but to let him go, to give life when you could have killed. To kill is weakness." For me, this was one of the film's highpoints. Commandant Goeth is completely confused about this new perception of human strength. He tries to follow Schindler's example of generosity. Thus, when his servant boy fails to clean the bath properly, instead of punishing him he lets him go. Amazed, the boy escapes.

Goeth, however, catching a glimpse of his broken nail in the mirror, is filled with spite and shoots the running boy from the window.

Another striking moment in the film comes at the very end - the war over. Schindler leaves his factory, saying farewell to the Jews. He starts to cry, because he realises he could have saved two more Jews if he had sold his Gold Nazi badge. He, who rescued thousands, feels guilty.

I really liked the film - the Jews are portrayed as humble, yet with an inner strength. Ben Kingsley, as the leader of the Jewish workers, is superb. The film also reveals the temptations of human power, the possibilities of evil and yet the grace that love can bring. Schindler's List certainly deserves the Oscars it received.

**MAGDALENA KAPLANOVA**

**Prague, Czech Republic**



*Goeth and Schindler in a duel of wits*  
Photo courtesy of United International Pictures.

## SHADOWLANDS

**Shadowlands tells the story of author C. S. Lewis, who is best known for his children's stories set in the magical world of Narnia.**

The film opens and is mostly set at Oxford University in the late 1950s. Lewis (Anthony Hopkins) is shown as a professor of English, steeped in the traditions and rituals of all male, old world academia. He is middle aged, single and still living with his brother in

their home in the country. The main message of the film, and one painfully learnt by Lewis, is that life cannot be lived through a book. Although Lewis regularly espoused in his public lectures the need to respect, and even welcome suffering as a tool for self growth, his life up until he met Mrs Joy Gresham (Debra Winger) was one of carefully planned ritual and emotional insulation.

Joy Gresham had been a fan of Lewis' writing. She tracked him down while visiting

England and then proceeded to disturb and inspire him with her own personal brand of up front humour and insight.

*"...life cannot be lived through a book."*

The film is beautifully photographed and the gentle and often naive character of Lewis is played sensitively by Hopkins. The meeting of Gresham and Lewis forces

the latter to ask himself some uncomfortable questions. Not only does their friendship bring new found joy and laughter to Lewis, but it brings with it the frightening possibility of vulnerability and change.

Shadowlands shows Lewis' struggle to reconcile his natural reserve and need to know all the answers, with the leap of love and faith required to form an intimate partnership.

**DEBRA CAZALET**  
**Melbourne, Australia**

# reviews

## ENIGMA THE CROSS OF CHANGES

For those not familiar with their debut album, "MCMXC a.D.", Enigma consists mostly of a team of producers, headed by chief songwriter, Michael Cretu - better known as 'Curly M.C.'. Their music integrates dance beats, ambience, mellow synthesiser and samples, creating a rather relaxing, possibly meditative listening experience.

One element no longer present is the use of Gregorian chanting. This was a major influence on the success of their first album, yet has been replaced by more traditional vocals.

While some sections contain the currently popular 'world music,' Enigma seems to have placed a greater emphasis on song-writing than on ambient compositions. This is most obvious in the first single, 'Return To Innocence' and 'Out From The Deep.' There are still lengthy segments of 'ambience', and the overall sound of the first album has been retained, but "The Cross..." sees new aspects, such as guitar solos, vocals from various cultures and a magnificent choir segment in 'The Eyes Of Truth'.

Album highlights include 'Return To Innocence', certain sections of 'The Eyes Of Truth' and 'Out From The Deep.' Another of the album's better tracks, 'Age Of Loneliness (Carly's Song)' was used in the Paramount film, 'Sliver'. Inclusive of the above, I was left with the impression that

the album is slightly monotonous, and the overall sound is very similar to that of 'MCMXC a.D.'. Rather than growing to appreciate

the album, I found that its novelty quickly wore off and became tiresome.

The banal New-Age lyrics are simple and at times, the ideas corny. "Don't care what people say, Just follow your own way" (Return To Innocence); "They tried to fight for liberty. Without a chance in hell they gave up." (Silent Warrior).

I suggest that while "The Cross Of Changes" is worth a listen, you may be wasting your money if you already own "MCMXC a.D.". The album is not devoid of creativity however and if you are yet to experience Enigma it may be worth adding to your collection.

**BEN MCSKIMMING**  
Melbourne, Australia

## COUNTING CROWS AUGUST & EVERYTHING AFTER

This debut album for Counting Crows is a major hit in the U.S. Hardly surprising - one feels a sense of déjà vu when listening to the blend of classic, mythic, country rock that melts into your musical memory. Yet, with subsequent playings, more and more strength and power is

revealed. The lyrics express a soul searching, desperate for love, belief and meaning to life. The shattering track, "Perfect Blue Building", represents the lowest point - as songwriter Adam Duritz expresses desperation and the need to escape.

"Gonna get me a little oblivion, try to keep myself away from me". Through the other songs we see a wanderer travelling,

constantly searching and finding glimmers of truth, though never attaining the desired happiness. In the song "Mr Jones", the traveller realises with his friend the need for love. He sees beauty all around and wants some for himself. "Mr Jones and me we're gonna be big stars", is the hope clung to in order to make life more bearable. This song thumps into the soul with strident rhythm guitar and constantly varied instrumental backing.

The opening track, "Round Here", reveals the traveller having found love, but a love that fades in and out - seemingly tired and dying. Maria, his love, has lost hope and the song is simply an anguished expression of the desire to know why. Duritz clearly has a mature perception of life, which he expresses very powerfully. Meanwhile, the other members of the band achieve a gentle, easy, harmonious sound to back Duritz's superbly expressive vocals.

**ANDREW SMITH**  
Glasgow, Scotland

## MORRISSEY VAUXHALL AND I

The new album by Morrissey is a definite, "must buy" album. It is melodic and beautifully sung - a very different creation from the brash rock 'n' roll of "Your Arsenal". Morrissey's lyrics are deeply and sometimes painfully allegorical - here is an artist attempting at least to reveal his own soul. I say attempting, because Morrissey will always be pompous as ever. One of the most striking songs on the album

is, "Lifeguard Sleeping, Girl Drowning". Sung in a haunting, soft voice over clarinet, it depicts the loneliness of pain and how

Name: **Laura Trevelyan**  
Country: **United Kingdom**  
Do you ask lots of questions? I do. By the same token, I love being quizzed by others. But, when it comes to that reliable old ice-breaker, "What music do you like?", I'm left doing fish impressions. Why? Because I love music, but have gone through 24 years of life without actually registering song titles, artists or bands. My album collection totals five (including FAME!) and I only recently learnt that C.Ds don't play on both sides! But, just for G.E. my top five:  
1. What is love? - Howard Jones  
2. Durham Town - Roger Whitaker  
3. Scarborough Fair - Simon & Garfunkel  
4. Jamming - Bob Marley  
5. Return To Innocence - Enigma

little it can intrude into others' consciousness. The girl drowning is symbolic of many who suffer pain while, like the lifeguard, others simply stand and watch. It is a biting indictment of modern

society. So too is the song, "The Lazy Sunbathers". Its deceptively light-hearted melody hides Morrissey's dark picture of people basking in the sun while children die in war and the sun breaks through the sky to cause environmental destruction. Again, the heart of the song questions our complacency in the light of things which need changing.

In "Used To Be A Sweet Boy", Morrissey comes much closer to his own life. This song is a heartbreaking melody which soars on a wave of piano, synth and backing vocals which takes us back to past memories of an innocent childhood where nothing disturbs the essential goodness of the world - a past sadly gone.

This album is an anthology of moments of reality and truth tainted with Morrissey's ego. It is an album about ordinary, everyday British life - Morrissey relates the spirit of his country in a strangely powerful way. The album extols trust, friendship and loyalty, typical working class virtues and a tribute to Morrissey's upbringing in industrial Manchester.

**ANDREW SMITH**  
Glasgow, Scotland

## Six Months at Sea

*What 5 albums would you take with you to help maintain sanity?*

Name: **Alison Hayes** Age: **18**

Country: **New Zealand**

1. 'Revolution' & 'Crossroads' -

Tracy Chapman: What a voice!

Music with a message.

2. 'The Joshua Tree' - U2: A priceless

record, with a bonus for us

Kiwi's: "One Tree Hill"

3. 'The best of' - Chris de Burgh:

Mood music; for reminiscing.

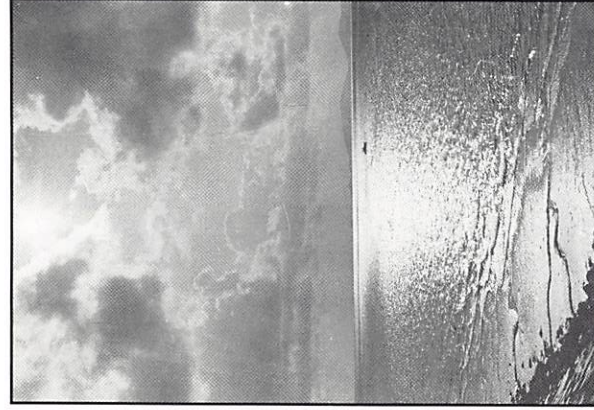
4. 'Shepherd's Moon' - Enya: a

ticket to the land of tranquility!

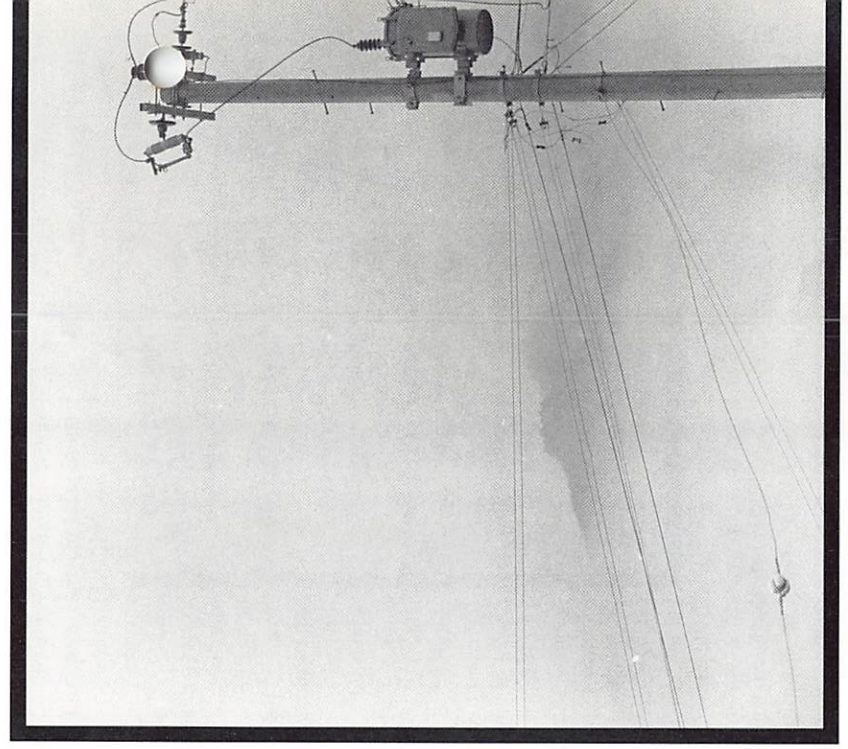
5. 'US' - Peter Gabriel: Powerful, passionate and prolific.

# artsexpressed

LITTLE



Photography **Seung Hoon Han**



LITTLE

WHITE

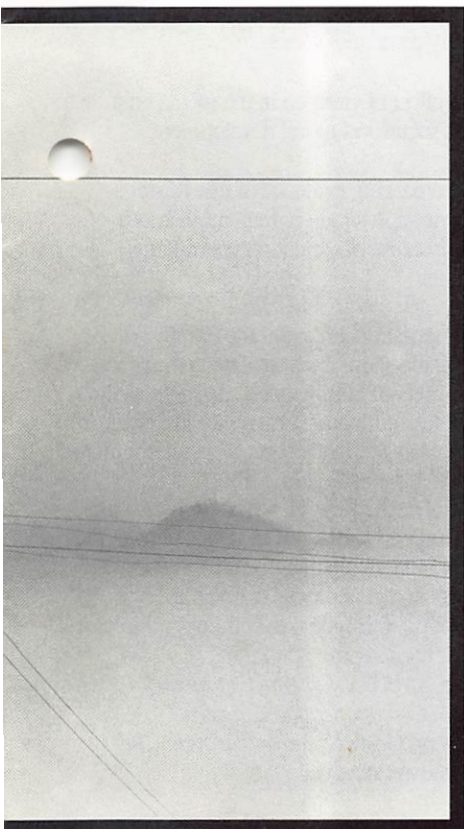
LITTLE

WHAT AM I GOING TO DO ABOUT  
LIES  
THIS? *(depends)* I CAN'T TELL THEM  
EXACTLY WHAT HAPPENED, THEY'D  
NEVER UNDERSTAND. I MEAN CON-  
SIDERING ALL THE CIRCUMSTANCES;  
*(yes)* AND THE IMPLICATIONS; *(of course)*  
AND THE TIMING; IT JUST WOULDN'T  
LIES  
BE THE RIGHT TIME. *(Anyone can see that)*  
ANYWAY IT'LL ONLY BE A LITTLE

WHITE LIE. *(exactly)* OH NO, WHAT DO I SAY THIS TIME? *(You handled it sensitively last time)* I TRIED TO BE  
DIPLOMATIC AND I DEFUSED THE WHOLE SITUATION. *(That's right)* I'M NOT IN THE HABIT OF  
LYING. BUT WHAT DO I SAY NOW? OTHERWISE THEY WON'T BELIEVE I SAID WHAT I DIDN'T  
MEAN TO SAY INSTEAD OF BELIEVING WHAT I DID SAY BUT DIDN'T MEAN, LAST TIME. *(precisely)*  
MAYBE I SHOULD BE, UM, I SHOULD BE SENSITIVE AGAIN. *(Yes)* ANYWAY IT'LL ONLY BE A  
LITTLE WHITE LIE. *(Exactly)* OH, I DON'T BELIEVE WHAT'S HAPPENING HERE. *(Let's not panic)* I MUST  
STAY CALM. WHAT AM I GOING TO SAY NOW? WHAT DID I SAY BEFORE, TO HER? OH YES. OH  
NO THAT WAS TO HIM. OH BEFORE THAT. I CAN'T REMEMBER. *(We need to keep things in perspective)* IT  
DOESN'T NEED TO BE A PROBLEM. I DON'T WANT TO STIR UP TROUBLE OR HURT ANYONES  
FEELINGS. *(Certainly not)* I'LL UM, I'LL UM, I'LL THINK OF SOMETHING. OH IT DOESN'T REALLY  
MATTER ANYWAY. IT'S ONLY A LITTLE WHITE LIE. *(Exactly)* I REALISE THAT'S WHAT I SAID THE

LAST TIME, BECAUSE, WELL EVEN IF  
THEY HAD DONE IT THAT WAY AND  
NOT THE OTHER WAY, THEN WHAT  
WAS I SUPPOSED TO SAY. I MEAN  
SHE PROBABLY WOULD HAVE  
TWISTED IT ANYWAY AND I DIDN'T  
KNOW THAT HE WAS GOING TO BE  
SO INFLUENCED BY HER. WELL IF  
SHE HADN'T.....  
ANYWAY, WHOEVER SAID  
WHITE LIES WERE WHITE.

Lyrics Mills & Miles



The world looks more and more like a giant jigsaw puzzle. No one appears to be in possession of even most of the pieces, and what the whole picture might be, seems even more elusive.

Alfred North Whitehead expressed the need for a key to the puzzle in this way: "We need the vision of something which stands beyond, behind, within the passing flux of things. We need that life of the spirit entered in the hope of high adventure. We need the energising force of love. Without religious vision, human vision is but a flash of occasional enjoyment lighting up a mass of pain and misery."

To solve the puzzle, we need to hold the big picture in mind while we concentrate on fitting the small pieces together. Back in 1968, Theodore Roszak warned: "We can now recognise that the fate of the soul is the fate of the social order: that if the spirit within us withers, so too will all the world we build about us. Literally so."

Many academics have profound concern over the state of mesmerised lethargy which binds the great mass of people in the West. As someone has observed: "If a frog is placed in hot water, it will make frantic efforts to escape. It is said, however, that if the animal is put into cold water, which is then slowly heated, it may.... be boiled to death without so much as a struggle."

Some individuals and organisations have helped to focus our attention on vital pieces of the puzzle. One major contributor to public awareness has been the United Nations. The International Year of

The Fax-Think-Link is a meeting place of ideas which impact on our generation, the future and the wider world. Together we can gain global perspectives on issues, with a view to taking action where possible. We're taking a look at **FAMILY** in its International Year, and what it means to people from different backgrounds. In the October-December issue we'll be exploring: **1. What motivates you and why?** **2. Nationalism and Migration.** Comments or questions on other topics are welcome. Fax or post your ideas and suggestions for topics to tackle to **F-T-L Fax: + 613 8226871**

Indigenous Peoples not only highlighted the diversity of tribal peoples, it encouraged us to see the value of their insights and the dire consequences of their loss. It has not only exposed the injustices experienced by these people, it has demanded our commitment. 1994 is the UN Year of the Family. The juxtaposition may be extraordinarily apt. Billy Diamond, an elder of the Canadian Cree people, poignantly makes the connection between land, tribe, values and family: "When I look around here, I see my father... our history is in this place. I cannot forget the past. I am rich because of the past. That's the way we look at things. I don't think we walk here on earth because of our generation. We walk because of our children and our grandchildren. When I look at my grand-daughter, I see her future and I want her to have the things I had. I want her also to remember her great-grandfather. I tell my children, 'Don't forget your great-grandfather. Even though he's gone, learn about him, try to understand him.'" Once we break down as a family, once our family values begin to break down and once our traditional values begin to break down, our tribe will begin to fall apart. It's very important to keep the family together."

In this, the Year of the Family, I for one am tired of the smarmy, quasi-Christian way the revisionists have re-written the historic nature and significance of the heterosexual bonds of marriage and lifelong commitment. It is one thing to affirm the significance of family; but this year we must challenge the general secular embargo against any serious definition of what it is. We should continue to be inclusive, gracious, forgiving and open to suffering and alienation, but we must affirm holiness and all but universal values. This is a strategic opportunity for concerned people to join the debate about something which arguably has a greater impact than anything else on human survival.

These are a few of the smouldering issues which must be fanned into the flame of enlightening creative conflict:

- \* Our commitment to resolving conflicts in families.
- \* The dysfunctional nature of the alternatives to family life offered by welfare.

\* Our slowness, unequivocally, to repent of and decry all violation of women and children, the aged and the mentally and emotionally impaired.

\* The dark side of spiritless capitalism and the primary role of economics in the disintegration of family and tribal values.

\* The widespread conspiracy of silence concerning verbal, psychological and even physical violence committed by women against children and even men.

\* The widespread betrayal of women and children by sexually abusive clergy and church lay leaders.

\* The devastating effect of single-parent, blended family situations on many children.

\* The monumental shift in the development of children's values from the socialising effect of the family to the powerful amoral influence of the designer-label advertising world.

\* The significance (from a purely anthropological point of view) of religion as the primary cement of society.

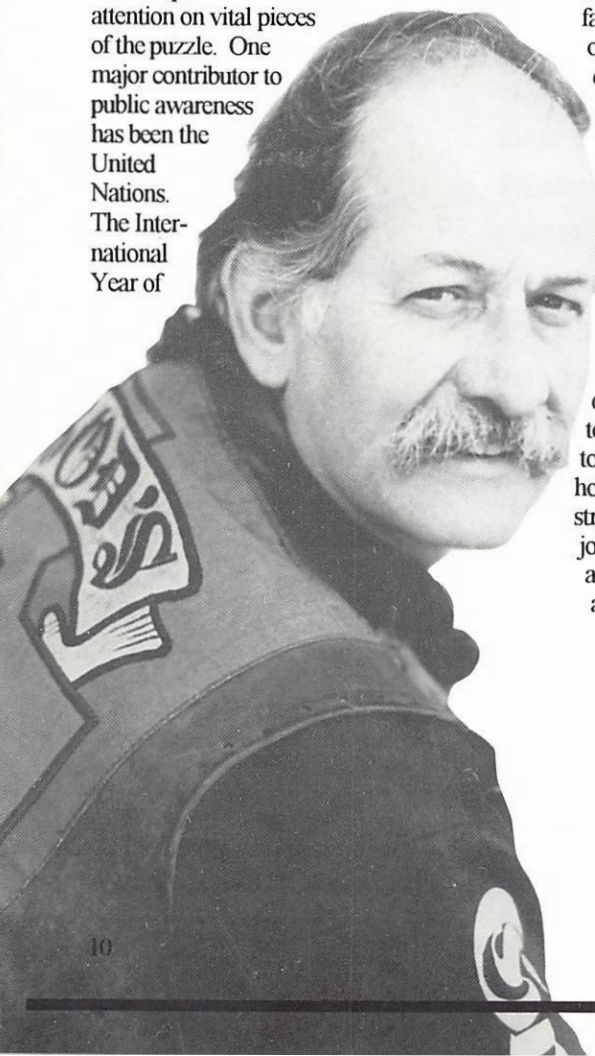
\* The effect of violence in the media on a child's social and moral development.

\* The emerging evidence of role model deprivation in single-parent families as a primary cause of escalating youth-gang cultures.

The International Year of the Family will be over all too soon. I fear that again the community of faith will face defeat by default—the match of life lost because we just didn't turn up to compete in the courts of social, moral and political responsibilities.

Remember the frog. If we do not seize the opportunity, we may yet be boiled alive in the heat of individualism and conflict between genders and generations, without even attempting to escape the seething cauldron of secular humanism.

**JOHN SMITH** Executive Director,  
Care & Communication Concern  
President, God's Squad Motorcycle Club  
Melbourne, Australia



I have always been more liberal than anyone else in my family - feeling concern for world problems from drift-netting to rainforests to illiteracy... Once, I had a huge argument with my mother which was representative of difficulties I'd been having with many others in my extended family. We argued about hypocrisy and the need to DO SOMETHING!! Only when I began work as a volunteer (questioning the "work to earn money" mind-set) did I become happier myself. With work I could enjoy and believe in, I stopped attacking others for their hypocrisy. Relationships became less strained and now my family are doing similar work themselves and enquiring as to mine! Actions certainly do speak louder than words.

**Melanie Trimble**  
 South Carolina, U.S.A.

In my opinion, the family is a kind of small society with its different generations, interests contradicting attitudes. If we are able to form a harmonious, democratic understanding of family life, we can transmit this to our role within a larger society. In a way, I find that I can practise in my family.

I can learn how to discuss, be patient, balance interests and how to love. In my family, I am allowed to make more mistakes than anywhere else. No matter how uncontrolled or insecure I am at times, or what strange phases I go through, I know that I will always be loved by my family. Of course, I have experienced misunderstanding and distance within my family - as in society. But if we are prepared to overcome our pride and admit that we also need to listen and look for a common language in order to communicate again, we can break down enormous barriers. And that's such a good feeling - don't you agree, Mum?

**Frederike Homann**  
 Celle, Germany

People need stability, they need some constant strength that they can rely on. In adult life, family can be supplemented or even replaced, if necessary by something else - God, (which adults begin to comprehend more readily) or sometimes by close friends. However, children who are too young to be able to form these ideas need the presence of someone who looks after them. What happens in childhood, can have effects on someone's whole life. It is important for each person to have a positive upbringing, as children take on a lot of their parents' methods when they have to raise their own children. It is very important for parents to be good role-models and practise what they preach. If they do not follow their own code, children may be confused about 'right and wrong'. If, however, parents manage to direct their children towards positives, society will be much better united. If families could stick together, we would see a unified and positive society which cares for everyone. My family are very close. My parents have brought me up with an appreciation of life and a

healthy attitude towards caring for others. They have shown me their love through the following things: They have always acted firmly with me. They have shown me a set of values to follow and have thus prevented me from doing things I would regret later in life. Only now, when I am 18, do I realise why these values are important and why their threats of disciplinary action were helpful when I abused their rules. My parents have, however, given me freedom to discuss my ideas about their values with them. Their answers have always been rational and not emotive. Sometimes this has led to a satisfactory compromise. I feel they have been successful as parents, being loving, firm and fair.

**Michael Thwaites**  
 Sydney, Australia

In the Japanese custom, our people had warm-hearted relationships and helped each other. But in the last twenty years we have rapidly been losing this and many people have become selfish. They only care about their job and their life. They don't care about others, global problems, political issues, the environment and so on.

At the same time, the communication skills within the family have been getting weaker and weaker. Children no longer respect their parents. Parents are so busy working that there is very little time for them to talk together, so trust is not built.

I believe it is within the family that children learn how to care for people, how to be kind and most important of all - who they are and what they have to give to society.

Thinking about the points I have raised, I ask myself "How can we build a good society?"

**Yasuyuki Kato**  
 Osaka, Japan

About eight months after my sister left home, just before my 17th birthday, underlying tensions finally came to the surface: my father had been having an affair for 18 months. Communication between my parents had deteriorated to the point of being almost non-existent and there were many occasions when I thought my father was going to leave. However, at this time my father was introduced by a friend to the ideas of Frank Buchman - of change starting with yourself, absolute standards of morality and of listening to your inner voice (or God, or whatever you choose to call it).

Without this, I wonder if my parents would still be together. The main importance of these ideas from my point of view, was that it equipped my parents in such a way that they could rebuild broken communication channels and therefore begin to work at their relationship afresh.

Three years on from the opening of this story, I have gone through the prospect of my family being splintered apart and of living overseas for nearly a year. This has made me realise for the first time how support and unqualified love in a family are crucial to its stability. **I.A.P., U.K.**



Recently, when introducing myself to a new friend from the Pacific Islands, I began by saying: "I come from a big family, one of five children." She stopped me and said: "That's not big, I'm one of 12 children!" I guess that made me think, but by Australian standards, our family is bigger than average (2.3 kids).

Obviously, I have never known what it is like not to be part of a "big" family. I have a unique position, being in the middle of five, with both an older and younger sister and brother! It has its advantages and disadvantages.

It can be encouraging to follow in the footsteps of a brother and sister who have done well at school and have been popular with teachers. You can feel proud of them, but it is also difficult to be yourself, if you are always known as someone's little sister or called by another sister's name. But you get used to it, and nothing can change the fact that I am me! We are all different and that is what makes every family so special.

I appreciate having a stable family. Just knowing that I have a home to come back to, a bed to lie in and that we will never be hungry or without clothing is a real blessing. We are all healthy and are given many new and varied opportunities every day. Simple things like having good news to share or a big surprise, is always exciting because I can come home and tell everyone individually. It is fun to be one of seven at these times.

Seven is a lucky number for some, however, it does make some situations a bit tricky. For a start, seven people do not fit into your average car! When we buy a packet of pies, cakes or a bag of rolls, they are usually packaged in multiples of six or eight. When we have six, someone must go without or share. If we buy eight, who has the one which is left over? Don't laugh, but I must confess we have been known to cut the last one into sevenths just to make it fair! I am grateful to have the support of my family in everything I do. Of course, we have our moments - with seven people there are quite a number of different combinations for disagreeing on something, so we cannot expect everyone to see eye to eye all the time. It is special when we all pull together. I am very fortunate to be able to live with my family as we can share and learn from each other.

**Libby Boxer**  
 Adelaide, Australia

# Is friendship the ultimate personal investment opportunity?

## PSYCHIC vs. SPIRITUAL

Most of us depend on the support and help of family and friends to get safely through life. We all need someone with whom we can share secrets, weaknesses, hopes and dreams. Components of friendship include mutual trust, respect, understanding, encouragement and affection. Friendships are also fragile. No one is perfect. So, forgiveness and honest apology are important.

One writer refers to two kinds of friendship. One, called 'psychic' friendship, relies on the natural affinities, responses and capacities of those involved, including like-mindedness, attraction of opposites and shared interests. Affection found in 'psychic' friendship seeks immediate contact with the other person. The other kind is called 'spiritual' friendship, with

instead of making supportive and intimate friendship more available, have helped destroy it, despite the longings people feel.

"I care for you" expresses something different and is far more constructive to friendship. Selfish love creates fear and builds barriers. Selfless love dissolves fear, creating space for security and fun. A giving friendship is good for all, bad for none, releasing people's potential, encouraging greatness and building confidence, like sunshine ripening fruit. Whether unselfish activity comes from God's influence, is an open question. I am coming to believe that they are inseparable.

Some reject God, having experienced hurt, failure, injustice or rejection, but life keeps on introducing experiences that speak of



spiritual interaction that depends on moral and spiritual principles that are not always fully appreciated. All friendships are a mixture of both kinds, but tend to belong more to one than another.

Friendship that says "I need you" is basically selfish and possessive, stifling freedom, encouraging fear. "I want you" clearly selfish, also promotes fear, when unrestrained desire pressures others. Sexual passion belongs within a mutual and healthy love relationship.

Lust, unrelated to care and commitment, generates enormous negative, destructive tension. Easy sexual relations of all kinds,

hope, joy, beauty, mystery and the unexpected. What if divine friendship is a possibility after all? It may be risky to experiment openly with this mystery long enough to listen for the 'voice within', but what can we lose? What if we discover a warm presence surrounding us and begin to experience the transforming friendship of God, without strings attached? Those who would give friendship need to know they are loved, and be secure in that love. The quality of divine love is capable of melting and healing all past hurts and heartaches and opening us up to creative friendship for all.

IAN PARSONS  
Wangaratta, Australia

## FRIENDS IN HIGH PLACES

I was the prefect on duty at my all girls English boarding school. Susan, obnoxious, rebellious, popular and feared among her peers, was at her rudest that evening. I told her to report to me after the meal. I sifted through all the possible punishments I was entitled to deliver. Nothing threatened Susan. I sat in a corner and prayed, not something I had tried before in this sort of situation, and I asked God to give me a clue. Susan slouched up to me, her henchwomen looking on and giggling. I took her into a side room and closed the door. Looking her in the eyes, I asked gently, "Why are you so unhappy?" The truculent sneer vanished and she dissolved into tears. She cried and cried. Then she began to tell me about the

break up of her parents and the uncertainty of her future which might involve leaving school. We talked for a long time. We talked of her preciousness to God and a security found in relationship there. We talked of how she might prepare herself and how she might help her parents whatever lay ahead. Susan was taken out of school three weeks later, but in that time she was a changed person. She was peaceful, smiled a lot and was free to make real friends. I was asked by some what I'd done. And I could honestly say I'd done nothing but ask a simple question, which popped into my mind when I took a few minutes space to listen.

by Jean Brown

## IDENTITY THROUGH INTEGRITY?

For myself to write about friendship was like being given a key but not being able to go through the door. I have had to look deep within myself to convey the sense of my experiences. I guess I never believed in myself; I could not listen to myself, so I listened to others. It became easier to let other people become dictating shepherds over me. A bewildered lamb follows anything which helps it to be needed, it doesn't question which way to go, it just follows its leader. Fashioned by those I followed blindly, I did not impress myself, so I lived to impress others. I never met my real self, as I never allowed myself to be who I really was.

During my early years of High School, I spent a lot of time with a group of friends who seemed to have everything that I wanted. Freedom without responsibility, good times and popularity. After a year with these supposed friends, living their lifestyle, I felt very disillusioned and alone. No-one was there for anyone when the good times ended. These friendships and one in particular, were very destructive and unsatisfying. Though my parents were always there for me, I had shut myself off from them and didn't listen.

The pain was indescribable when I realised the friendships I had maintained for so long were nothing but a delusion. I stood alone and my house built on sand blew away. For the first time I saw myself alone and scared. To avoid further personal destruction I felt that drastic changes had to be made, such as a change of school, a change in all social activities and making time to be by myself. I needed to discover what real friendship was all about.

Had I not made these changes, I may never have learnt to think for myself, to look inside and discover the underlying insecurities that, if not healed, would have travelled through my life with me, expressing themselves in selfishness, jealousy and anger. I now feel liberated and free, all because I 'dared to be real'.

Follow the foundation of truth and honesty and you will never be alone. You will befriend yourself and feel safe within God's walls of security.

I now have the most beautiful friendships. No one follows anyone, we walk in a large flock, side by side with the true Shepherd who leads. There is respect, space is given for individuals to grow, forgiveness is granted and thoughts are owned. I now have an established identity in the rock of God's friendship, so I can go back to those sands of delusion to help others and still learn more of myself. Finally secure in the heart of friendship; the friendship of God and my fellow man.

**ELSPETH HERRING**  
Eden Valley, Australia

## REALITY The Price of Friendship

"You don't seem to have any friends", was the shrewd observation of my Dad. I was a precocious 12 year old, a 'stand-out' with adults, a 'turn-off' with my contemporaries and desperately unhappy. My Dad was a theatre manager and said

*"I was truly honest about myself and accepted that I was fully responsible for my unhappiness..."*

that I could always have a couple of free seats to his movies if that would be a help.

I am not sure what sort of 'friends' would have resulted from this ploy, but what happened a few days later was a disaster. The school bully, ringed by a group clamorous for blood, was promising to belt me up. So I whispered I would get him a couple of free tickets.

When Dad discovered why I wanted the tickets, he was shocked he had produced a coward - and I felt I had lost his friendship too! He paid for me to have boxing lessons for six months. I tried to bury my shame by becoming aggressive, loud-mouthed and by looking for fights to compensate for the one I had run away from.

It was not until I was in my late teens that a 'spiritual experiment' led me to the secret of real friendships. I was truly honest about myself and accepted that I was fully responsible for my unhappiness, not circumstances and other people. Strangely, the thing I found hardest to be honest about was buying my way out of that fight.

The preparedness to be honest about my fears and failings produced unexpected friends who have stayed with me through life. Real honesty also seems to bridge the so-called generation gap. Our sons were always more interested in my current difficulties (aka disasters) rather than some 'great spiritual discovery' from yesteryear.

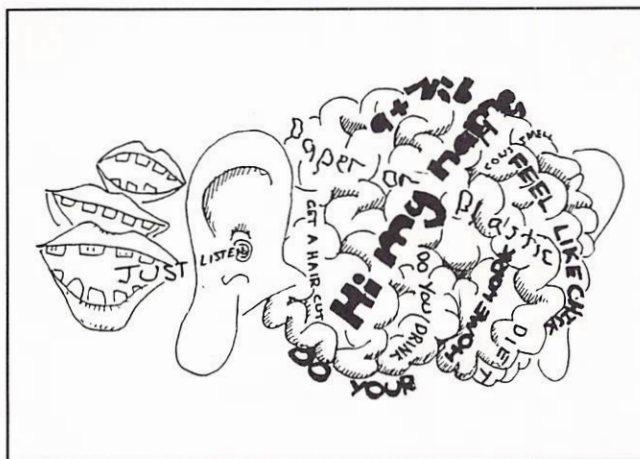
Friendships are born out of taking risks, whether it is being more honest about yourself than is normal - or being prepared to reveal how you found a friendship with the 'King of Kings'.

**JIM COULTER**  
Melbourne, Australia



**T**his phrase, drummed into us as children to help us cross a road safely, is a great adage for life, for finding direction and as a basis for friendship! Stopping and making space, really looking and seeing each other, affirming, cherishing, confronting and so on, eyeball to eyeball!! And then listening. Listening is not easy! Here are some types of listeners and listening:

**"...sometimes we need to be unselfish enough to shut up..."**

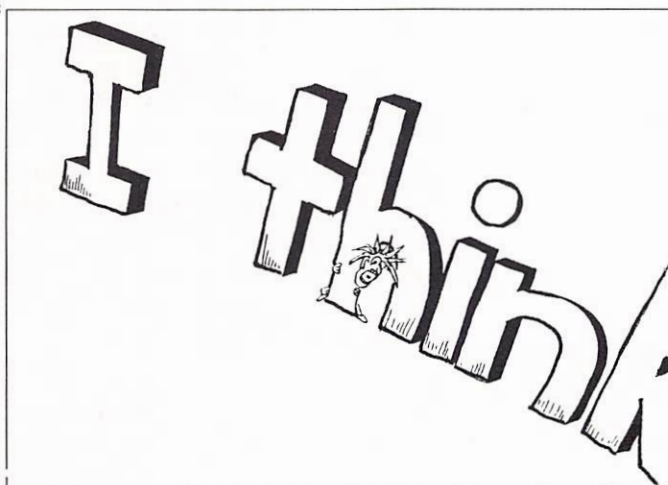


1. Focussed listening. There are some folk who can't keep still while you're wanting to tell them something, they don't really look at you and keep doing things. So just stop and look.

2. Deep listening. To the words and to the person behind the words, takes concentration.

contribute from our own experience,  
sometimes we need to be unselfish  
enough to shut up and allow ourselves to  
simply appreciate and learn.

3. **Trusting listening.** This is where you don't have to have all the answers so you can relax. Some people spend all their listening time figuring out their response to what they think you're saying, and as soon as you've finished they're in there!



**4. Unselfish listening.** What one person shares can spark memories and experiences in us that we

just have to share too, capping their story, expanding their insight, crowning their experience with six of our own. We quickly take over the conversation. Sometimes it is very appropriate to

5. Spacious listening. Not being afraid of silences. Allowing thought and air. Attuned to any hints God might want to give as we go along.

6. Caring listening. Where we do all of the above and claim from God a genuine interest in the other person, a real love that enables us to connect with where they're coming from. (We all know those who come to the door full of what they want to tell us and with no interest in us as a person at all!)

7. Confidential listening. Knowing when what we've heard and shared should remain between us and not be used in any way with anyone else.

**8. Vulnerable listening.** Where my heart and feelings are alive and able to be reached and touched as I live into all that my friend shares. But with a self-honesty that is never shocked or judgmental and is willing, if helpful, to expose my own need.

**JEAN BROWN**  
**ADELAIDE, AUSTRALIA**



THE FOLLOWING, BASED ON THE WORK OF MILTON OLSON,  
CAME FROM A SPEECH BY ANGELES ARRIEN, DELIVERED AT  
THE 1991 ORGANISATIONAL DEVELOPMENT NETWORK.

**FACT 1:** As each goose flaps its wings, it creates an 'uplift' for the birds that follow. By flying in a 'V' formation, the whole flock adds 71% greater flying range than if each bird flew alone.

**LESSON:** People who share a common direction and sense of community can get where they are going quicker and easier because they are travelling on the thrust of one another.

**FACT 2:** When a goose falls out of formation, it suddenly feels the drag and resistance of flying alone. It quickly moves back into formation to take advantage of the lifting power of the bird immediately in front of it.

**LESSON:** If we have as much sense as a goose, we stay in formation with those headed where we want to go. We are willing to accept their help and give our help to others.

**FACT 3:** When the lead goose tires, it rotates back into the formation and another goose flies to the point position.

**LESSON:** It pays to take turns doing the hard tasks and sharing leadership. As with geese, people are interdependent on each other's skills, capabilities, and unique arrangements of gifts, talents, or resources.

**FACT 4:** The geese flying in formation honk to encourage those up front to keep up their speed.

**LESSON:** We need to make sure our honking is encouraging. In groups where there is encouragement, the production is much greater. The power of encouragement (to stand by one's heart or core values and encourage the heart core of others) is the quality of honking we seek.

**FACT 5:** When a goose gets sick, wounded, or shot down, two geese drop out of formation and follow it down to help and protect it. They stay with it until it dies or is able to fly again. Then, they launch out with another formation or catch up with the flock.

**LESSON:** If we have as much sense as geese, we will stand by each other in difficult times as well as when we are strong.

## PROJECTS : *What projects are you undertaking?* *Do you need support or ideas?*

**What:** "The Dynamic of Change"  
A Seminar and Camp for Young people  
**When:** 15-21 August 1994  
**Where:** Vipassana Centre, Takhmau  
**Vision:** A practical approach to resolving problems in ourselves and society. Can we learn from our past and create a future of peace and stability?  
**Language:** English and Khmer (Cambodian)  
**Cost:** Donation  
**Needs:** US \$ 5000  
**Contact:** House No. 75 Street 118  
Sangkat Toek-Laok I  
Khan Toulkork, Phnom Penh, CAMBODIA  
Ph/Fax: + 855-23- 26746

**What:** "Vision and Empowerment"  
5th Asia Pacific Youth Conference  
**When:** 22 July - 1 August 1994  
**Where:** Genting View Resort  
10 km Genting Resort  
Pahang Darul Makmur  
**Who:** Young people, 18-35 years from the Asia-Pacific Region  
**Vision:** A world transformed through a change in attitudes, actions and structures  
**Language:** English  
**Cost:** US \$ 350  
**Needs:** Cash donations to support APYC 1994  
**Contact:** MRA Centre  
88 Lorong Bandar, Taman Bukit Desa  
58100 Kuala Lumpur  
MALAYSIA  
Ph: +603 780 6194 Fax: +630 757 3337

# SCATTERED THOUGHTS IS EXACTLY THAT; A COLLECTION OF QUOTES, SNIPPETS OF WISDOM, THOUGHTS OR INSPIRING STATEMENTS FOR YOU TO SHARE WITH THE WORLD.

True happiness consists not in the multitude of friends but in the worth and choice.  
- Ben Jonson

Friendship is the only cement that will ever hold the world together.  
- Woodrow Wilson

Love one another and you will be happy. It's as simple and as difficult as that.  
- Michael Leunig

The friendship that can cease has never been real.  
- St. Jerome

"...When you part from your friend, you grieve not; For that which you love most in him may be clearer in his absence, as the mountain to the climber is clearer from the plain.  
And let there be no purpose in friendship save the deepening of the spirit. For love that seeks aught but the disclosure of its own mystery is not love but a net cast forth: and only the unprofitable is caught.  
And let your best be for your friend. If he must know the ebb of your tide, let him know its flood also. For what is your friend that you should seek him with hours to kill? Seek him with hours to live. For it is to fill your need, but not your emptiness..."  
- Kahil Gibran

Friendship is to people as sunshine is to flowers.  
- Unknown

He who has a thousand friends has not a friend to spare. And he who has one enemy will meet him everywhere.  
- Ali ibn-Abi-Talib

# "Scattered? !thoughts"

The only way to have a friend is to be one.  
- Ralph Waldo Emerson

What is a friend? A single soul dwelling in two bodies.  
- Aristotle

It's the friends you can call up at 4am that matter.  
- Marlene Dietrich

"A friend is one whom we can trust utterly, who knows the best and the worst of us, who loves us in spite of our faults; who speaks the honest truth to us, while the whole world flatters us to our face and laughs at us behind our back; gives us counsel and reproof in prosperity and self-conceit; but cheers us up in the day of difficulty and sorrow, when the world leaves us alone to fight our own battles as we can."  
- Charles Kingsley

Depth of friendship does not depend upon length of acquaintance.  
- Richard Eugene Burton

A friend is one who knows you as you are, understands where you've been, accepts who you've become, and still gently invites you to grow.  
- Unknown

*It's no secret that a friend is someone who lets you help.*  
- Bono (The Fly, Achtung Baby).

To love and be loved is the great happiness of existence.  
- Sydney Smith

The better part of one's life consists of his friendships.  
- Abraham Lincoln

## MAKING AND PRESERVING FRIENDS

Select some sound hearts. Be careful not to bruise them with unfeeling words. Take of milk of human kindness one heartful. Add to this plenty of tact. Warm the mixture with sympathy. Do not let it get too hot at first, lest it only ferment mischief. Knead with oil of unselfishness to make all smooth. Beware of jars. The mixture should be kept in a warm corner of the heart. Years can only improve the flavour of friends thus preserved.  
- Dame Edna Everage, 'A recipe for happiness'.

False friendship, like the ivy, decays and ruins the walls it embraces; but true friendship gives new life and animation to the object it supports.  
- Richard Eugene Burton

If you have something to share, please jot it down, send it to us and let's see if "words and ideas can change the world."

MIRIAM BOXER  
P.O. BOX 207  
BELAIR 5052  
SOUTH AUSTRALIA

It is one of the blessings of old friends that you can afford to be stupid with them.  
- Ralph Waldo Emerson



PURITY IS: HIRING VIDEOS EXCLUSIVELY FROM THE DISNEY SECTION OF THE VIDEO STORE.