

# GLOBAL *EXPRESS*



No. 1 Vol. 2 1995

Holistic Environment - more than trees and nuclear testing

fear...not

life, death and coffee

soul in politics?

french youth on muroroa

what will it be like in 2020?

AN INTERACTIVE QUARTERLY FOR THOSE WHO CARE ABOUT THE FUTURE



## EDITORIAL

### ...and some feedback

Last time we left you with a question - 'To Global Express or not?' With 200 new subscribers, and a growing national and international team, the answer is, unanimously, 'Yes'. Only the end of the world will prevent us bringing you the next three issues. And there's more. We intend *Global Express* to have at least a five year lifespan, with teams around the world taking responsibility both financially and editorially for sections of the magazine. Special thanks to Janet Gunning for heading up the British team and taking on *Insight Out*. Who will be next?

### ...and now for a commercial break

"I have found *GE* to be an inspired, intelligent and eye-opening publication"

**Eva Okwonga, Student, Uganda/UK**

"In my view the article 'Dr Prescribes Silence' about Dr Toni Turnbull is the most honest and searching study of abortion I have read."

**Hon Kim Beazley, Former Politician, Australia**

"*Global Express* represents a very different take on news and information and what function it should serve, particularly for young people. I was delighted at the philosophical approach ... a magazine like yours on the Internet would be incredibly powerful."

**Francis Leach, Australian ABC radio (JJJ) presenter**

## ETHOS

### GLOBAL EXPRESS seeks to:

- be an independent, culturally inclusive media service for 17-30 year olds
- understand and respond to a rapidly changing world
- connect personal and global issues
- encourage personal integrity and responsible attitudes
- be a medium to explore hopes and dreams
- encourage active response to creative inspiration

### believing that:

- you matter
- you can make a difference
- goodness has an image problem and spirituality is marginalised
- we are a global generation and have a lot to learn from each other
- peace and unity are possible if we confront the root causes of division and injustice in our own lives and communities
- time to reflect is essential to find direction

### MRA - Initiative for Change

MRA (Moral Re-Armament) is a Non Government Organisation recognised by the United Nations. It is made up of a world-wide network of people who work to improve the quality of life and relationships among individuals and nations. MRA believes it is important to be pro-active in making our world a better place - starting with oneself. Personal commitment to guidelines of complete honesty, integrity, unselfishness and love, together with a search for creative inspiration from a higher source, are central to this way of life. Most of us who support *GE* met through MRA and all work voluntarily.



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Quotations, information, creations, insights, cogitations, visions; a forward looking initiative in open communication.

Africa: Kenya and South Africa; Asia/Pacific: Australia, Cambodia, Fiji, Hong Kong, India, Japan, Malaysia, New Zealand, Papua New Guinea, Sri Lanka, Taiwan, Thailand and Western Samoa; Europe: Croatia, France, Germany, Poland, Scandinavia, Serbia, Switzerland and The UK; Americas: Brazil, Canada and The USA.

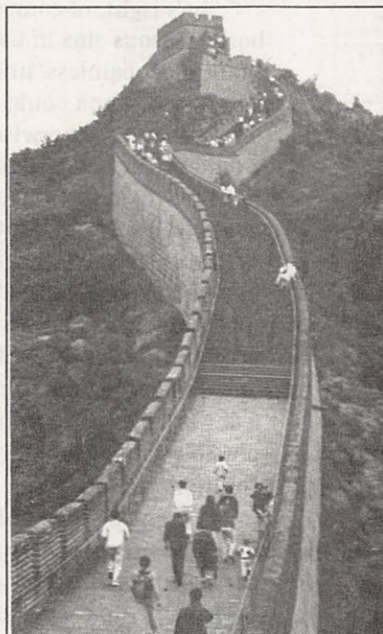


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Not all opinions in GE are those of the editors!

## UN WOMEN'S PLATFORM FOR ACTION



Great Wall of China

Are women's rights the same as human rights? Why is 'gender' a contentious issue? And what is a family anyway? These questions and others taxed the unwary at the UN 4th World Conference on Women and the Non Governmental Organisations Forum in Beijing in September. There was plenty of hype but also a lot of hope.

The hope came in different ways. At the forum, underneath all the politics, were 30,000 of the world's most dedicated and caring women. They worked in areas of basic health, literacy, conflict resolution, extreme poverty, refugee camps, disarmament, environmental degradation, sustainable development and so on. This was a fantastic chance to share and learn.

The Conference worked its way through 'The Platform for Action' - a blue-print for women's equal rights. While controversial and incomplete, it is a foundation for equal participation by women in key areas of society.

Most of us realise that legislation alone cannot bring change. There needs to be deep healing, transformation and respect to change attitudes and relationships so a full partnership is possible and productive.

Jean Brown, Australia

## BURMA EDGES TOWARDS DEMOCRACY

On July 10th the international community expressed jubilation at the release of Aung San Suu Kyi, leader of the Burmese democracy movement. Nobody knows the exact cause of her release. The State Law and Order Restoration Council (SLORC) made it clear that she should help maintain peace and stability.

The basic requirement of political, social and economic development is genuine internal peace and national reconciliation. Burma could be on the right path if talks between the SLORC and the Burmese democratic forces are carried out.

Angelay, Burma

## EX-WORLD BANK VICE-PRESIDENT CALLS FOR ALTRUISM

'Technological development is essential, but we tend to think that science and technology will bring all the answers,' said Jean-Loup Dherse, a former Vice-President of the World Bank, speaking at an industrial conference in Caux, Switzerland. Referring to people's ability for ethical judgments, Dherse said, 'Computers may gain the same capacity as the human brain but there is something in the human brain that can never be emulated by computers'.

'In the change over from command economies to the free market system, the pendulum has swung too far towards the jungle of mafia-type behaviour. Laws are necessary, but above the laws are morality and ethics.' Speaking about his own experience at the World Bank, Dherse said that, 'Economic development cannot be forced, as the Marxist experiment has shown at great cost. You cannot buy economic development - and the World Bank was a great dispenser of money.'



*Voluntary euthanasia is the process of bringing about death in the terminally ill, at their request. Its legalisation is being debated in some Western societies.*

*Matthew Bailey, a medical student, reflects on his personal struggle in the context of this debate.*

MY GREAT-GRANDFATHER died long before I was born. What carried him off was not the cancer that riddled his body and wormed its excruciating way up his spine. It was an overdose of morphine. My grandfather, a doctor himself, had discussed the matter with the treating physician and the family knew exactly what was going on. When he passed away, the matter was also laid to rest.

There is nothing unusual about his case. He was never given euthanasia, only "ample pain relief". That the required dose of pain killer became fatal was an unfortunate yet unavoidable side-effect. Such practice goes on today, discretely and regularly.

Today my grandmother is also dying. This time there is no cancer, but a motor neurone disease which has already left her virtually unable to talk or swallow. Communication with my half-deaf grandfather is almost non-existent. As the disease progresses, she can expect gradual paralysis. Her death will come when she is no longer physically able to breathe.

Unlike my great-grandfather, her condition is not physically painful. What causes her suffering is the difficulty she faces at home, the cloud of depression she lives under and the fear of future degeneration. We can offer her nothing of use; anti-depressants do little to hold back her tide of lament. She talks often of wanting to die, of looking forward to her death and of being ready to leave this world. Meanwhile I sit beside her, my mug of coffee long finished as she splutters down her now cold cuppa. Often I have thought about a quick injection, an easy end. I love Nana dearly, but I think I would be prepared to do it.

My parents are doctors themselves. They know what's happening; they have watched many patients die. They also have a faith which I do not share. When I discussed the issue with Mum, she looked at me and said, "You realise that I believe you would ruin her chances of eternal happiness. I don't want you to even discuss it with Nana."

She's right, of course. Suicide and murder are both grievous sins in Catholicism. If I were to give that quick, painless, undetectable and lethal shot of Potassium, Nana could be barred from heaven.

Heaven or otherwise, the suffering here on earth would be very real. If losing a parent is hard, losing hope for them in the hereafter is intolerable. That could well ruin my mother and our relationship.

In times such as these, my solution is to curl up in a quiet room, take several deep breaths and meditate. I try to divest myself of all my preconceived notions of right and wrong, of loyalty and obligation, and from the fetters of emotion and fear. I strive to see things in the clearest light possible, free of such hindrances. Then I hope for a solution ... Nothing.

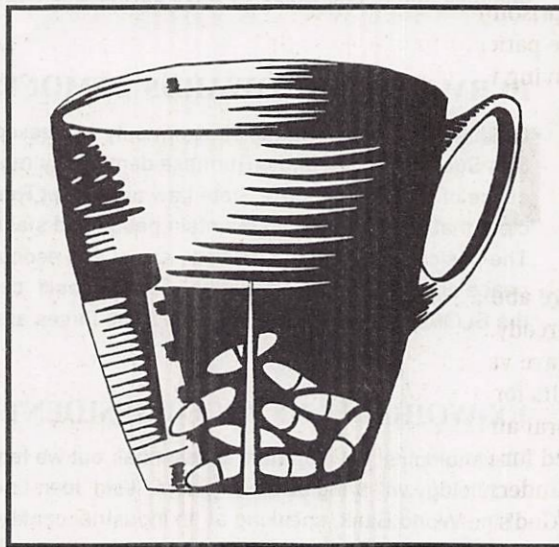
Currently I live with an elderly doctor. At 89, he is fit and at least as mentally adept as myself. With the recent controversy surrounding euthanasia, the topic came up easily. He looked me up and down and rubbed his prickly old man's chin for a moment before proffering judgment. For all I knew, he could have well been the doctor of my long-dead

great-grandfather. "It is not a doctor's place to decide life and death. That is for God. It is simply our place to alleviate suffering. If, in the course of doing that the patient dies, well so be it. Your particular case is a difficult one, and a terribly sad one, but it is, I believe, a crime against God for anyone, particularly a doctor, to kill."

Originally I was dissatisfied, but as I curled back up on the

sofa I started to see his point. As an agnostic, God does not feature in my decision making, but that does not diminish the significance of what he said.

It is the volition to kill that counts, and that is out of place in a doctor's thoughts. The alleviation of suffering is paramount, and if death is a serious yet unavoidable side-effect, well that is acceptable. The next day when I saw him at breakfast, I asked him about the current debate on euthanasia. He





was unimpressed. "You can talk all you like about building safeguards into the law and having a panel with psychiatrists and the such. It doesn't mean a

L I F E

have at least two doctors who had to be able to verify that there was sufficient medical reason and all sorts of paraphernalia. Recently I read that 97% of all abortions in Adelaide last year were for social reasons." I can't verify the figures, but they sound right. I could also see his point. Once the floodgates are opened, the waters will come pouring out. It's not hard to see the situation where Grandpa, sick and an economic strain on his

D E A T H

the next leap - to killing those unable to request, but whose relatives feel it is 'for the best'.

I sat munching my muesli. I had heard what he was saying before. For a long time it has been a matter for great discretion, something a doctor has to consider carefully and act upon wisely. Failure to do this could mean imprisonment for murder. It is also something that the patient must be strongly motivated towards. Having it technically illegal

A N D

I had learnt a little more about my role in life by the time the toast was ready. Maybe I don't have a belief in God but I do have values. Love of life and happiness is what counts for me. Upon these you can build the same moral and ethical structures that have been preached for millennia, and in such a way that even I can understand them. Whether you see it as following God's rules, preserving the sanctity of life or just helping others find their



C O F F E E

losing a life in the process of bringing happiness into it is very different.

As he offered me the toast, I dragged my mind

thing. We went through this 25 years ago with the abortion debate. We were going to

newlywed children, might feel compelled to request death. It's also not hard to make

also means people are less likely to consider it as a viable alternative.

I like to think

happiness, it comes to the same thing. Taking a life is unacceptable, 'accidentally'

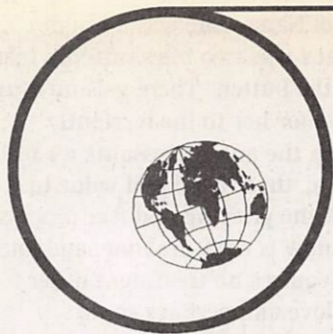
back to the question of Nana. She was a tough case. So much so that I was two bites into my toast before I remembered the butter. There was no drug that it was appropriate for her to inadvertently overdose on. Although the antidepressants we use can sometimes be toxic, there is no real value in taking too many. But the grieving and fear process she is going through now is a natural one, and one that will pass. That requires no treatment other than family support, love and perhaps some therapy. Eating and speech will still be difficult, and in time she may even need to be fed through a tube. That's part of her condition, and she needs to work through that and come to terms with her fate. It is important, not only for her, but also for the grieving process of those of us who will survive her. Just because she is still alive does not mean that cannot begin. This way she can help us.

The other psychological factors, while not so transient, can also be seen in a similar light. The problems at home are tricky, but all marriages have problems, being elderly does not make you exempt. That new solutions can be found, that things can be worked out is what makes a relationship strong. To leave life now would be just as inappropriate as it would be for me to end it all over the break-up of one of my relationships. Life has its ups and downs, and it is vital to remember that whilst in the depths of the deepest depression.

Her all pervading depression, only partly heightened by her condition, is one which is far too common in the elderly. That she has not responded effectively to antidepressants is not particularly surprising either. However, across the table, having already finished his toast and moved onto coffee, is perhaps the finest proof that it does not have to be so. He is a man who still feels he has a place and role in life. Yet many elderly have so little to look forward to. They get forgotten by the next generation, their experience and wisdom ignored. They lose their jobs and roles in society and they are ignored as people with opinions and thoughts equally valid and burning as any younger person. It hardly seems surprising. These problems are widespread throughout society. By letting Nana die, by legislating for euthanasia, we are trying to cure the symptom without thinking enough about the cause. By the time I find myself in her position, I sincerely hope we aren't still doing the same thing.

By the time breakfast was finished, I was thinking about cake. Rich chocolate cake like the sort Nana used to make for my birthday. She used to be famous amongst her friends as the 'torta királynő', queen of cakes, yet it struck me that I really had no idea how she did it. Sometime this weekend, I thought, would be a particularly good time to learn. ☒ This essay won Matthew Bailey a tertiary Medical Ethics Award and is reprinted courtesy of The AGE.





# holistic environment

What are you doing for the environment? A familiar question. It's not just a matter of planting trees and recycling waste. There are many environments - global, physical, cultural, internal, political and social. Together they make up our holistic environment. Often we lose sight of the 'bigger picture'. We fail to make connections - between matter and energy, mind and body, reason and feeling. This produces conflict. In this issue, *World Eye* looks at people embracing a holistic environment.

## GLOBAL ENVIRONMENT

- identification with humanity...

Chop down a rainforest in the Philippines and the summertime temperatures in the US climb a little higher, the polar ice-caps melt a bit faster and Bangladesh inches still closer to complete submersion. The link: we share one world and depend on each other for its upkeep. This is the concept the environmental movement hinges on. This is what helped bring over 30,000 Australians onto the streets of Sydney on

## LINK

Bastille Day to protest against the French nuclear tests on Mururoa Atoll. Most of us who attended that rally went because we had been captivated by pictures in the Australian media of crystal clear lagoons and palm trees swaying in the breeze. We were outraged at the prospect of it being enveloped by a toxic mushroom cloud. We felt 'linked' to these people and the beautiful corner of the world they lived in, linked enough to join in protest.

Yet there is so much of their lives - what they eat for breakfast or the games their children play - that we do not know and

perhaps, when the media spotlight shifts elsewhere, we never will. In fact, if the nuclear-testing issue had not been adjudged sufficiently newsworthy, most of us would never have known Mururoa existed. There are other places - Rwanda, Burundi and Chechnya - the media have added to our common geographical knowledge. Our linkage to people and their concerns in far-flung corners of the world depends on mainstream media. This dependence becomes a worry when you realise the global media are dominated by TV networks and tycoons based in the Western world. The recent media mergers in the US, between Capital Cities/ABC and Walt Disney followed by CBS and Westinghouse, indicate a growing trend towards more and more media power in fewer and fewer hands.

The lop-sidedness of news coverage is already evident. Compare the coverage of the Oklahoma bombing to that of the refugee crisis in Rwanda. In the former, the TV cameras focused on individuals and the victims had names like Bobby and Kate. In the latter, we were shown sweeping shots of crowds of anonymous people and, if the journalist was slightly more persevering, an interview with a foreign aid-worker. It becomes easier to feel for Bobby and Kate's

FAXTHINKLINKFAXTHINKLINKFAXTHINKLINKFAXTHINKLINKFAXTHINKLINK

The FAX-THINK-LINK is a meeting place of ideas where we gain diverse perspectives on today's issues. This time we look at 'What things have influenced you?' and then, 'What will life be like in the year 2020?'

Next issue we'd like to hear your responses to:

- 1) **What is true democracy?**
- 2) **What would you do with a day left to live?**

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Short replies welcome; maximum length - 200 words.

**DEADLINE: 10th December, 1995**

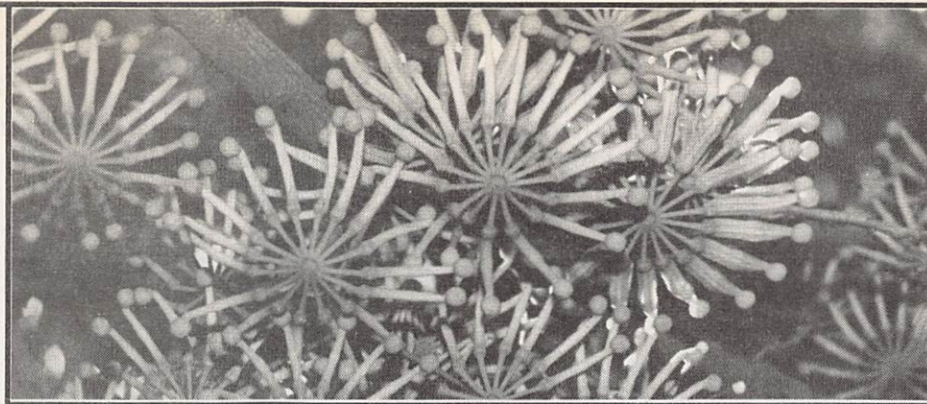
### What things have influenced you?

**Karen Robinson, Canada:**

I have never had too much trouble making decisions - probably because those I have made were neither large nor difficult. Only recently I realised the number of influences in my life. 'Peer pressure' is a definite influence. Many people don't realise just how affected they are by their peers. By the

-----Sit down. Focus. Hang on. Subscribe-----





Fire Wheel Tree

Photo: Christine Karrer

parents than the suffering thousands we never really got to know. If we are to think and act as members of a global community, we have to link up with people in other countries whose stories are either partially told or not at all. We cannot depend on our daily news to create the links. We must find alternative sources: magazines whose covers might not be glossy, NGOs which function from one-roomed offices and people with different accents who have important messages for us. It is not only the environmental movement that depends on these links for its strength. But it stands to lose the most if we fail to develop them. The next time we march on the streets, let us march not because we feel a fleeting concern for picture-postcard beaches; let us march because we know the names of those who walk on them.

Shampa Sinha, India/Australia  
s\_sinha@postoffice.utas.edu.au

## PHYSICAL ENVIRONMENT

d, oceans, ozone...

Indigenous peoples see themselves as part of the environment, not removed from it. Treating things in isolation may be

*appropriate for technology and science-based issues but this approach does not solve (and can even cause) environmental problems.*

'When we were farming traditionally, our farm became like a drug addict,' says Bill Twigg. 'The more inputs, the more the land demanded to achieve a satisfactory yield.' Twigg's farm in Victoria, Australia, is called 'Nil Desperandum' (Never despair). His family have farmed in the area for 90 years. They have sheep, grain

# NIL DESPERANDUM

and cattle. The problem, he and his wife Gwen decided, was the chemical fertilisers, which were killing organisms releasing important elements into the soil. Once the organisms were dead, more chemical fertilisers were needed. In 1970,

he and his wife, Gwen, decided to try and develop a system of farming in sympathy with nature and the environment. They turned most of their pastures over to lucerne. This is a deep-rooted perennial plant, similar to much of the original pre-European vegetation of the area, which recycles nutrients and brings moisture to the soil surface. They found that once lucerne was established, there was no need to use chemical fertilisers. They have been able to maintain their yield with far smaller expenses than they used to have. The best fertilisers are plants, Bill says. 'We need all the native species - plant, animal and insect - to create a balanced system. Lose one and it starts an ecological chain reaction. Farming in harmony with the environment is not only more economic in the long run, but full of personal rewards.' As the farm has changed, so has Bill. He used to be self-righteous about his approach to farming. Now, rather than 'convert' people, he is more interested in showing the practicality of his methods. His satisfaction comes from adapting nature's way to the farming operation.

Libby Boxer, Australia  
boxer@adelaide.dialix.oz.au

## FAKTHINKLINKFAKTHINKLINKFAKTHINKLINKFAKTHINKLINKFAKTHINKLINK

same token, I have always been very aware of how my decisions will affect other people. If someone is going to be hurt, am I making the wrong decision? It's a question of morals, and my heart has always been a good guide. If, in my heart, I feel something is wrong, I won't go through with it. ☒

**Michael Thwaites, Australia:**

Rather than being turned around by a single conversation or book, my life has been continually shaped. The more I read or talk with people, the more direction I find.

I resent not having had any major revelations and would like to be exposed to an unquestionable truth. My major influences have been my parents and friends. In my teens, I began to question my parents' values. Thus my friends and I experimented.

Today I like to think that I am influenced by what is right. I discover this by re-assessing the world. But I am not always rational. I find I am still influenced by others. ☒

What things have influenced you?



Most of us live in cities. Western cities are largely designed for the car. This has a huge effect on our society. The car has given us immense freedom to travel. As a result, our cities have sprawled out and vast acreages have been turned into roads. We have traffic congestion and smog. And our suburbs can be lonely and difficult for the elderly and others who cannot drive.

Some European and American cities have established urban villages to answer these problems - areas of attractive townhouses and flats, intermingled with shops and offices, from which cars are excluded. They have built light rail systems - multiple-carriage trams which transport people in comfort, and with little of the pollution and noise of cars and buses. They have applied traffic calming (measures to slow cars in residential areas) which has made the streets more

# URBAN

accessible to pedestrians and encouraged community life. A well-known advocate of these methods is Professor Peter Newman of Murdoch University in Western Australia. He started putting new ideas into practice in his home city of Fremantle. Its city centre was full of derelict 19th century buildings, which some city leaders proposed demolishing. Newman and others saw the potential to create a really attractive city centre. Today the buildings have been restored and turned into markets, offices and museums. Pedestrian precincts and street cafes have been established. And people flock to Fremantle on weekends.

## CULTURAL ENVIRONMENT

- shared traditions and values...  
Break down people's cultural environment and you destroy community, identity and purpose for living.

# NAGA

Nagaland is a border state in the North-East of India. As it encounters different cultures, so its socio-political problems rise, eg., drug addiction and the



Angami Naga Children

Photo: Kevisselie

influences of Western satellite TV. Many prospective students are frustrated by the lack of local opportunities. There is a continual search for identity, values and acceptance. Nagas have a strong sense of freedom and adventure. As with any overseas student, I saw Australia as a place of opportunity. I thought it would

give me what my own country could not. I was right. It has added meaning to my life. Now I understand people a lot better. I am re-discovering my own culture and realising how beautiful it is. This is the result of being immersed in a totally different cultural environment.

*Achūno Peseyie, Angami Tribe,  
Nagaland, India*

## INTERNAL ENVIRONMENT

- what we feel and think...

When the world suffers, we suffer. We avoid identifying with environments beyond our own to evade this suffering. Likewise, when we suffer, the world suffers. Our inner state influences our surroundings and how we view them. We will only be satisfied when we achieve harmony with the external world - our ultimate classroom. As author Mary Lean says, 'What happens inside people is a

# INNER

key to what happens around them'. Individuals leading balanced lives are more likely to create a stable world environment.

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### **Claire Apelis-Dotaona, Papua New Guinea:**

The three major influences in my life are Christianity, my extended family and television. Christianity has been influential from an early age. My belief in God flourished because of the 'wonders' He worked in my life.

When I was six, my great-grandmother was getting ready to go to the market to sell mandarins and mangoes. It began to rain heavily, so we sheltered under a tree and prayed.

Sure enough, the sun came out and she returned in the evening, having sold all her produce. I was amazed.

In Papua New Guinea almost everyone relies on the 'extended family unit' to survive. I was born when my mother was due to start university and my father was just settling into his first job. The extended family took care of me. I will always value them as they have shown me how to share with and care for others.



## POLITICAL ENVIRONMENT

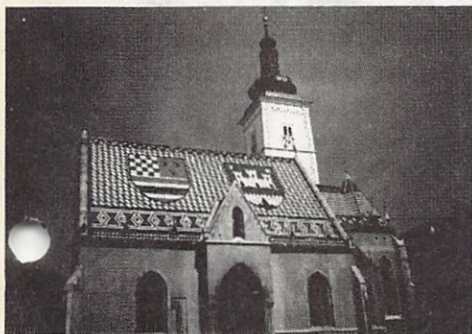
- ideology, freedom, equality...

# WAR

*Disharmony between the various environments can lead to catastrophes such as war. Only when threatened does the importance of our holistic environment become evident. Lenka Gudac is a Croatian student working for peace in former Yugoslavia. In August her father and uncle went to fight in the war. She writes of her heritage and hopes.*

Since the 7th century we have had many Kings - some nice, some not. One, King Zvonimir, sold part of Croatia's coast to the Republic of Venetia and was killed for it. His final words were, 'May Croatia not be free or independent for another 900 years'.

Croatia has been ruled by other powers ever since. In World War II we supported Hitler. The Resistance struck back and Croatia joined the Socialist Federal Republic of Yugoslavia led by Tito. In the years which followed, Croatia became a popular tourist destination. Its people, however, lost their official identity and human rights. Many were forced to leave the country and change their names.



Croatia

Photo: Lenka Gudac

When Tito died in 1980, Yugoslavia started to fall apart. In 1989, 900 years after Zvonimir's curse, Croatia reclaimed her independence. In 1991 war broke out. Many monuments, churches and houses have been destroyed; a generation of young men have been killed or wounded. This war has weakened the trust between people but there is still hope - the hope that love and understanding will replace hatred and fighting.

*Lenka Gudac, Croatia*

## SOCIAL ENVIRONMENT

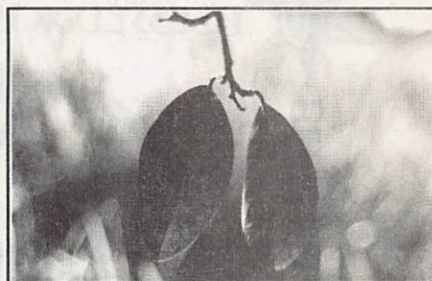
- people and how they relate to one another...

# RACE

'The battle for the survival of the planet will be won or lost in the cities', says Maurice Strong, Secretary-General of the UN Conference on Environment and Development. There are no easy solutions to the problems of our cities - homelessness, drug-abuse, crime. All communities are needed in the search for solutions. But often the hurts of history stop this happening.

In America, the racial divide between black and white is still deep. Two years ago citizens of Richmond, Virginia, decided to try and overcome this for the sake of their city and the many other American cities with deep racial divisions. Richmond is significant in the racial history of America; it was a port where slaves from Africa were unloaded and sold, and was the capital of the Confederacy during the American Civil War - a war which focussed the issue of slavery. In 1993 Richmonders, black and white, organised a conference, *Healing*

*the Heart of America*. Its high point was a five-mile walk through the city, stopping at the unmarked sites of the uglier



'Connect'

Photo: Christine Karrer

aspects of the city's history - the slave markets, the site of a massacre of native Americans - and the well-known places. Five hundred people took part. For many white Richmonders it was a rare chance to understand what black Richmonders had gone through in their city. Black and white began to find common ground and have set to work to answer the city's problems. They have had considerable impact. Other cities have become interested. In Chicago this month, church leaders, city councillors and leaders of many ethnic communities will come together to get to grips with their city's problems in a similar way.

# CONNECT

Four Laws of Ecology:

**Everything is connected to everything else.**

**Everything must go somewhere.**

**Nature knows best.**

**There is no such thing as a free lunch.**

(B Commoner, Ecologist)

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with thanks to Deane Belfield

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Lastly, television has had a big impact on me. From it I absorb the daily happenings of the world. I hope someday I may depend as much on other forms of media as I do on TV. ☒

### **Dilek Law, Malaysia:**

There was a time when children were taught kindness, loyalty and obedience. Newspaper articles reflected the belief that we are moral beings, exercising self-restraint and seeking the good in others. Tragically our society idolises

the "beautiful people" - popular entertainers and models whose youthful faces dominate the pages of magazines.

Today people are encouraged to pursue an individualism that satisfies self and ignores others. We fail to remember our responsibility for and co-dependence on each other. In this troubled world there is a real need for friends who are good listeners. By providing a willing ear, we can impart comfort to a society filled with apathy. It doesn't matter what others do. My task is to help where I can. ☒

What things have influenced you?-----

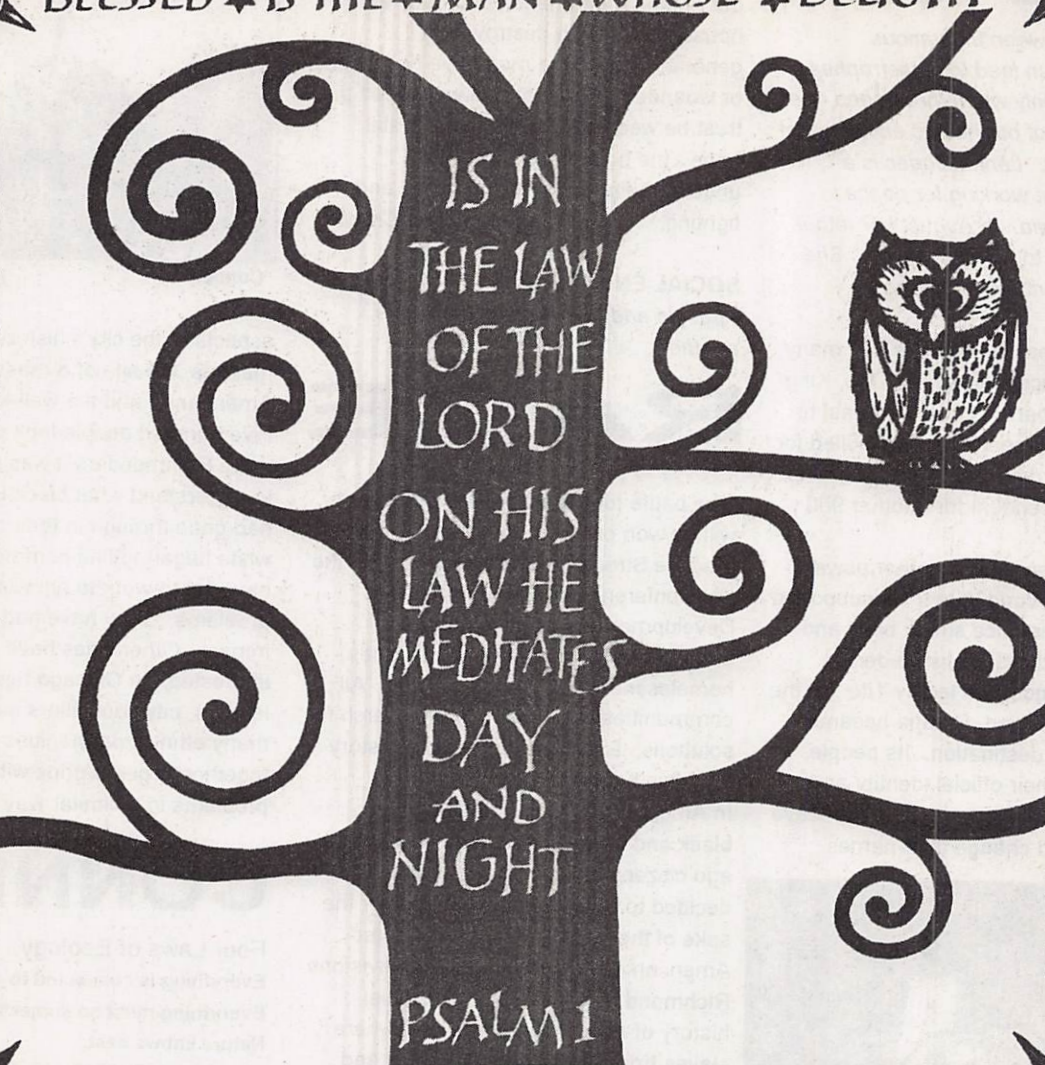




BLESSED ★ IS THE ★ MAN ★ WHOSE ★ DELIGHT



BLESSED ★ IS THE ★ MAN ★ WHOSE ★ DELIGHT



BLESSED ★ IS THE ★ MAN ★ WHOSE ★ DELIGHT



BLESSED ★ IS THE ★ MAN ★ WHOSE ★ DELIGHT



— HE IS LIKE A TREE —  
— PLANTED BY STREAMS OF WATER —  
— WHICH YIELDS ITS FRUIT IN SEASON —  
— AND WHOSE LEAF DOES NOT WHITHER —

JOY 95



# THE TREE OF FREEDOM



**T**HE TREE OF FREEDOM STANDS TALL AND PROUD  
IN A GARDEN OF BEAUTIFUL FLOWERS  
I LONG TO CLIMB RIGHT TO THE TOP OF THE TREE  
AND SEE CLEARLY THE WORLD AROUND ME

**F**ROM THE TOP OF THE TREE IT IS BRIGHT AND CLEAR  
EVERYONE UNDERSTANDS THE SUFFERING OF OTHERS  
WARMTH AND CARE SURROUND YOU  
PEOPLE SMILE AND SHAKE HANDS

**F**EAR IS THE FENCE KEEPING US OUT OF THE GARDEN  
SUPPORT FROM THE FAMILY AND FRIENDS CAN HELP US OVER  
TOGETHER WE CAN ENJOY THE CLIMB  
OVERCOME OUR WORRIES AND CONCERNS

**F**REEDOM MEANS TIME AND SPACE  
LIVING IN HARMONY WITH OTHERS  
SHARING OUR KNOWLEDGE AND TALENTS  
APPRECIATING THAT EVERYONE IS UNIQUE

**K**NOWING HAPPINESS AND REAL LOVE  
FEELING COMFORTABLE WITH THOUGHTS AND ACTIONS  
NOT SELF-CONSCIOUS OR SELF-CENTRED  
FREE TO BE ME!

LIBBY BOXER

arts expressed 



# LETTING OFF STEAM

## french youth on mururoa



Here in the South of France I was shocked to see the following slogan on someone's T-shirt: 'Si Hiroshima vous a fait rire, attendez voir Mururoa.' (If Hiroshima made you laugh, wait till you see Mururoa.) ☛ It made me think of how my French friends reacted to nuclear testing. In general, they didn't. But they are ashamed of what the man they chose to govern their country has decided to do. They believe in Jacques Chirac and hope he will bring better times to a country with increasing unemployment, racism and now terrorism. However, they now realise that in the face of world opinion, he is too stubborn to change his own. ☛ As a Dutch person living in France I am especially disappointed in the youth. Rather than demonstrating, they prefer to point the finger elsewhere; 'Look at what China is doing!' The issue will blow over, they hope, and the world will focus elsewhere. I am surprised at their indifference because, in the main, they have an extremely positive and engaging attitude towards the world and its well-being. *Marloes Deelen (The Netherlands) in Montpellier, France*

Recently the world has seen France's *nouveau* president drop a hot potato with his decision to resume the country's atomic testing program. In obstinate Napoleonic fashion he has refused to reverse a decision that is pointedly out of step with world opinion. So what do the French people think? ☛ Despite the widespread protests there is a distinct *rien à foutre* attitude at large. Some say, 'Why all this fuss about a couple of harmless tests when there's carnage in Bosnia?' Some feel the government is setting a precedent for other nuclear powers to restart or extend their own atomic testing programs, thus leading to a small scale arms race. Meanwhile others fear the consequences of the inevitable boycott of French goods and services. ☛ Call it blithe optimism or sheer arrogance but the French believe they have not betrayed Europe or indeed, the rest of the world. There is even the notion that such a nuclear deterrent is vital to the stability of Europe. Cross any French border, however, and you will find the French shrug of the shoulders replaced by the European headshake.

*James Trevelyan (UK) in Angers, France*



Ever since Chirac announced the resumption of nuclear tests in the Pacific, the French people have protested. They are not as passive as others suggest. They are as hostile as those in the Pacific nations. However, here in Australia, one of the most vocal countries condemning the tests, we do not hear about the numerous protests all over France. ☛ As a French citizen, I am against nuclear testing and am willing to protest against my government's decision. But let's get it right! If I commit myself to protesting, it will be to stop nuclear proliferation in all countries - not just France. ☛ I also think it is very narrow-minded of protestors to vandalise buildings that have either a French name or French goods. Many of these owners have Australian citizenship and have nothing to do with political decisions in France. People should have more common sense. We need to distinguish between government policy and society. National culture and opinion have reduced influence on political decisions once a politician has been elected. *Florence Mélinand (France) in Melbourne, Australia*

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### What will life be like in the year 2020?

#### *Sung Yoon Jung, Korea:*

What will happen to our society in the next 25 years? The world is developing quickly. Computers and robots can do almost everything, replacing domestic and manual labour. Progress in science and technology have enabled a higher standard of living. What a fantastic world! But the problem is people's spiritual life is not keeping up with this material development.

So much information hits us, it is confusing. Many people are smart yet spiritually shallow. They conveniently

ignore factors that get in the way of 'progress'. This tunnel vision is set to worsen. It could destroy the environment. There may be no nature left to enjoy because of pollution and conflict. As people become more self-centred, they lose awareness of what happens around them.

This picture is gloomy but I still have hope. We need to prepare for the year 2020. If we can develop deep spiritual character and moral integrity, the world might be peaceful by then and the people satisfied. ☒

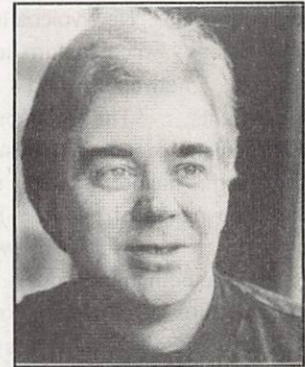


# SOUL<sup>IN</sup> POLITICS

**EVERY NIGHT JIM WALLIS GOES TO BED TO THE SOUND OF GUNFIRE.**

He is not in Bosnia. He lives just 20 blocks from the White House, in the urban ghettos of Washington DC, where he heads a Christian community, *Sojourners*. 'Where I live,' says Wallis, 'poor kids kill each other for the latest design of basketball boots. Across town, rich kids kill themselves because they don't know what they are living for.'

'Washington may be an extreme case, but it is far from unique. The world is not working,' says Wallis, and he has written a book, *The Soul of Politics*, focussing some of the issues we face. *The New York Times* calls it 'a passionate, heartfelt book... If it succeeds in awakening a nation's conscience, it will come as no surprise to Wallis. He is accustomed to hope.'



Jim Wallis

## ***Signs of Transformation***

*Policy makers have admitted to Wallis that both of the world's economic systems had failed regarding social justice, the environment and spiritual values. Their approach was to find a blueprint for a new economic system. But Wallis suggests, 'these old ways won't work any more. Even if these experts (all white and male) were to barricade themselves in a room for six months... their process would ensure they found the wrong answer. We don't have any blueprints for a new system... The process of change will feel more like a journey than a policy conference... And the sojourn itself is part of the solution to our many problems.'*

'The problem,' says Wallis, 'is that Mahatma Gandhi's seven social sins have become the accepted practice of modern nations: politics without principle, wealth without work, commerce without morality, pleasure without conscience, education without character, science without humanity and worship without sacrifice.' The results are tragic. He tells of the hundreds of elderly who died in the United States during last year's heatwave. Too scared of violence to open their doors and windows, they suffocated in their own homes.

But the situation can be turned around. Even members of the urban gangs who terrorise these old people can find new aims. In 1993 a national Gang Summit brought together 164 leaders, members and ex-members of some of America's most feared gangs. Many of them, instead of fighting each other, are now fighting drugs and other social agonies. It happened because Wallis and others cared enough to reach beyond the tough exterior of gang members and find the hurt person underneath, often a victim of childhood neglect and abuse.

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## ***Steven Goodswen, Australia:***

Current trends suggest that in the year 2020...

- \* most people will work from home thanks to the information superhighway, reducing business overheads for office space. People will work less and when they want to.
- \* videophones will be in full operation.
- \* those in developed countries will form a cash-less society: people will use 'debit cards'.
- \* we will drive solar powered cars. ☒

## ***Brian Eno on the future of Africa, music and court TV***

As producer of CDs by U2 and David Bowie, and creator of the 'ambient' music genre, Brian Eno carries some prophetic clout when it comes to popular culture. 'I want to go into the future to see this sensibility I find in African culture, to see it freed from the catastrophic situation that Africa is in at the moment... to see this next stage when African culture begins once again to strongly impact ours... You know why music was the centre of our lives for such a long time? Because it was a way of allowing Africa in. I want so desperately for that sensibility to flood into other areas, like computers.'

What will life be like in 2020?



Wallis understands their anger. He has been active in the American Civil Rights movement and in many social and peace actions. Visiting New Zealand recently, he urged young activists to keep protesting. But, he said, 'protest must be driven by a new vision for society'. He believes that society changes from the bottom up. 'New voices lead to new visions, which in turn lead to projects, networks and social movements. The collapse of communism does not vindicate capitalism; neither system serves the deep needs of people. Higher ground can be reached by working for change both in individuals and in the structures of society.' Reading *The Soul of Politics* is the easy part. It is well written, with plenty of examples of people who are looking beyond the old structures of society and working out entirely new ways. The harder part is to work out new examples in our own communities, starting with ourselves. That is Wallis' challenge to all who want to be agents of transformation.

Richard Davis, New Zealand  
Richard.Davis@vuw.ac.nz

*The Soul of Politics: A Practical and Prophetic Vision for Change*, by Jim Wallis (HarperCollins, 1995)



In July 1994 some students from Kenyatta University wrote to the president of the Republic of Kenya expressing dissatisfaction at the way the country was run. Others, including myself, challenged their strongly worded letter. We felt they should have shown more respect when addressing the Head of State.

During the dispute, which lasted four months, there were many threats and 'Kamukunjis' (public rallies). I was attacked by five of my enemies, carrying whips and daggers. Only the whips were used. To retaliate, I planned to hire a thug from the streets of Nairobi to deal with them.

Soon these local differences spread to the political parties. This blew them out of all proportion because they organised press conferences, provided legal and monetary assistance, and even tried to lure student support by promising scholarships in the case of expulsion. Several months later Kenya hosted an international MRA consultation. This brought together men and women of strong convictions from across the world. With much experience in conflict resolution, they precipitated the reconciliation between the warring student factions.

On the first night two Zimbabwean delegates talked to us about youth in Africa and economic independence. They stressed the importance of working closely with governments and challenged us to reflect on the issue of reconciliation.

In the morning a young Nigerian, Amina Dikedi, proposed no one concerned in the fight have breakfast until an agreement was reached. Everyone left but my two friends and I and those of the other faction. Amina and a few others also remained. It was suggested we all be silent awhile. We were then asked to focus on ourselves as complete entities. Did we feel all we had done was right? If not, were we ready to apologise?

Each party agreed to take responsibility for its actions. Apologies and tears followed. We then joined the rest of the delegates. Former enemies embraced one another with joy. Many found it hard to believe that I embraced the man who, two nights before, I had refused for a room-mate! Now we work together to create brotherhood between Kenya, Uganda, Tanzania, Rwanda, Burundi, Ethiopia and Somalia.

Moses Obiero, Kenya

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'...In the last 15 years music has ceased to be the centre of people's cultural life.' So where will culture centre itself by 2020? Eno continues, 'Theme parks are a relatively new cultural form... more and more a place for artists to look. [They are] a multimedia experience wherein you can use any sense you like'. He also predicts, 'More Court TV!... [Trials such as O.J. Simpson's] represent critical moral issues. What are the relationships between people at the moment? Are moral relationships the same as legal ones? Or do they overlap? ...people are fascinated by these problems, and I'm glad they are. That's another big future... gossip is philosophy.' (From *WIRED*, May '95) ☒

#### 2020: Information Technology

According to Dr Colin South from British Telecom:

- \* computers become ten times more powerful every five or six years and ten times cheaper.
- \* 'somewhere around 2007, the first super-computer will theoretically have the processing power of the human brain.'
- \* a 'negative exponential' will set in: 'massively parallel systems will end up designing themselves and no human will understand them.'
- \* America has 14 million 'home-workers' outside the office. Teleworking will put an end to commuter traffic jams.



from blame to responsibility

'to believe what has not occurred in history will not occur at all, is to argue disbelief in the dignity of man.' -mahatma gandhi

Every day we interpret what occurs around us. The way we interpret situations affects how we behave.

For the past four years communication between my brother, Jon, and I had gradually deteriorated. This was of great sorrow to me. But it was all his fault. Throughout my university career he never expressed an interest in what I was doing. I interpreted this as meaning he did not care.

As a result I decided not to make an effort. The relationship became so strained I could not bear to be in his company. I resigned myself to the fact that we would never have a close relationship. I was blind to an alternative and washed my hands of the situation. It was not my fault so why should I worry?

When we feel threatened, we get defensive. The best form of self-defence is to believe oneself and blame others. Isn't it just great when you *know* you are right! To accept responsibility for my actions and admit fault was unthinkable.

I may have been safe in my own little cocoon of self-righteousness but unlike the butterfly I was not displaying my full colours. I felt incomplete and dissatisfied with life in general. Sitting back blaming Jon, I was expecting him to change or take action.

After realising the cost of this blame, I decided to make the effort to express my love. I rang him and had the most amazing conversation ever. After telling him how I thought he did not care, he revealed that he thought I saw him as a loser. He felt we had little in common. It

was not that he did not care. My interpretation was completely wrong.

I told him that I loved him. Such simple words... why so hard to say? I almost had to choke them out! In response he said, 'I love you too, and I really mean that'. The sense of

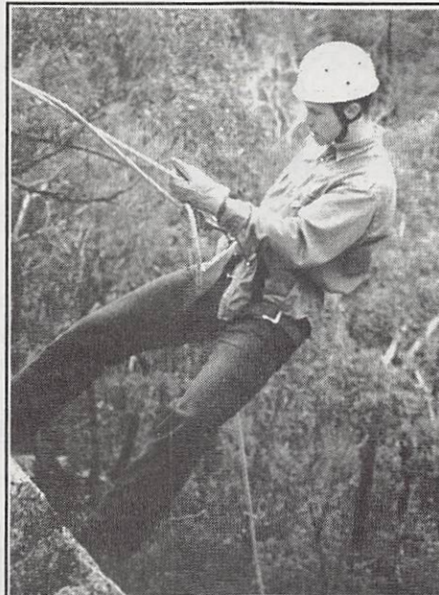
joy I felt was incredible. It was as if a lead weight had been lifted from my shoulders. Until then I had no idea how much this situation had affected my being. The frightening thing is, I was prepared to settle for this poor relationship for the rest of my life.

It is remarkable how this experience has affected my other relationships. Two years ago I split up with a long-term girlfriend. I blamed her for manipulating me into who she wanted me to be. This was a persistent complaint of mine and a source of great anger. The cost was huge. I could not express my love for her. With subsequent girlfriends I was unable to commit beyond a certain point for fear of being manipulated and losing my individuality. I would end all relationships as soon as this fear came up. My future was being controlled by the past.

I urge you not to be a victim who complains the world has done you an injustice. Complaints keep the lid on possibility. By removing the complaints from my life I have been able to create alternative ways of being.

These experiences have taught me that to make a difference I must change myself. By doing so I have witnessed others change around me.

Tim Vaughan, UK



Tim Vaughan

Photo: Karen Robinson

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\* Industries will have to adapt to such changes. 'Those that adapt survive. Those that don't die'. ☒

#### **Sustainable future global economies**

'We have a choice every day,' said former Vice-President of the World Bank, Jean-Loup Dherse, 'the selfish motivation, the institutional, or the altruistic.'

Five years ago Dherse was in Moscow to discuss how to destroy 'enough chemical weapons to kill billions of people'. Poor storage meant the situation was urgent. They had cost some US\$250 billion to make and would cost US\$100 billion to destroy. The 'net loss to the planet' was about US\$100 for

every person on earth.

'When we in the West think we can lose money, we pay for it, but so does the Third World. Our mistakes are everybody's punishment.' He added, 'With all the world's financial knowledge, no one had predicted the debt crisis ten years ago. We cannot predict the future.'

The only motivation that can right us and make us efficient is the altruistic motivation,' he continued, 'I interpret that as the ability to serve. The only reasonable way for survival is to learn to serve others with altruism. We should not put our faith in a technological future but in the ability to serve one another.' ☒

What will life be like in 2020?



## INSIGHT OUT

☼ It is a strange paradox that fear, a survival sense, can be a handicap. Often we feel frightened in situations where it is totally unjustified. It puts limits on what we can do and be; it forms a barrier to our growth. ☼ The situation I have in mind is meeting new people - at a new school, university or job. Why do we feel frightened? The unknown. We fear being judged or labelled and are affected by what we believe others think of us. ☼ We also fear loneliness because it makes us feel vulnerable. The best way to transcend fear is by learning our own worth. Even when fears are justified, it is much less frightening when you value yourself. *Katherine Roucoux, UK* ☺ ☼ Someone in America said to me, 'Whatever you fear, draw near. It will probably disappear.' The pain and violence in Los Angeles did not disappear. But wherever I've been, I know the moment I walk through my fear, a love for people comes as a gift which grows. ☼ What happens when you are confronted by someone's anger, blame or hatred? Fear is my first response. Then comes a surge of self-righteousness, as a defence. I have learnt that self-righteousness is the other side of hate - saying the problem is with someone else. These two attitudes feed on each other, and cause deep wounds. ☼ Kim Beazley, for many years a respected politician in Australia, told me that after 30 years in Politics he was convinced, 'the key to social advance is the question of motive'. In other words, the right policies only work as fear, ambition and hatred are faced and replaced with compassion, love of justice and integrity. *Mike Brown, Australia* ☺ ☼ Fear breeds judgment. So before you judge, think. With every person you meet or situation you come across, say to yourself: 'This thought of mine is not revealing the full reality'. If it was, you would be able to let it go. We hold onto prejudices. Einstein said, 'It is easier to split an atom than a prejudice...' We need to realise just how different everyone's reality is. Until we stop and *really* listen to people, we cannot assess, judge or act on what we *perceive* to be right - for it may not be. *Elsbeth Herring, Australia* ☺ ☼ Yupp! We can run but we can't hide. The big scary monsters under the bed may have changed but they are still there. Everyone has secret fears...of growing old, of spiders, of going to see the dentist, of being forced to conform, of never being truly loved. ☼ Fear is one of the fundamental emotions. It sends the adrenalin whizzing through our veins and awakens the instinct for survival. Humans and Apes alike react the same way: we run, fight or freeze. Fear can debilitate or it can invigorate and enliven. ☼ At the centre of our fear lies pain. The prospect of physical, emotional and spiritual pain fills us with dread. So we try to avoid the *risk* of pain. Virtually all our unhappy relationships are dominated by fear. We are afraid the other will place emotional demands on us we can't fulfil. ☼ In our fear-ridden state we fail to make an important distinction between being hurt and being damaged. Life is difficult and pain is unavoidable. In fact, getting hurt and being healed teaches us the lessons of life. When we are damaged, the healing process takes longer and we are left with permanent scars. When fear



discourages us from taking the risk of being damaged, it provides us with protection. But if it discourages us from taking the risk of being hurt then it is suffocating and restrictive. Knowing the difference is something we all have to learn! \* Unless we are prepared to face the reality of pain, we will never learn the joy of vulnerability. To be vulnerable is not to be weak or passive. It is to walk with an open heart and to love even though we may be hurt. It is to take risks for the joy of living. It is to always be afraid, but never controlled by fear. *Janet Gunning, New Zealand/UK* ☺

\* 'I forgot.' Remember how your parents could not understand how you forgot such a simple task? If you are like me, you make excuses. We fear expectations. The larger the expectation, the larger the fear. With a large task, like a romantic dinner, there is a high expectation and a large fear of disappointment. We fear the expectations of our family, friends and society. The irony is, we place the same expectations on others. Why? *Paul Shrowder, Australia* ☺

\* Fear is something I first learnt about at school and then as a result of three crashes as a pilot during the war. Strangely it was the school experience that had the most effect. Driven by fear, I bought my way out of a fight with the school bully. \* Recently I have faced a fresh test as a result of being clinically dead for 16 seconds. I was convinced God had saved my life during the war and that yet again He had helped me survive a heart attack and surgery. But I felt anew the need to seek freedom from fear. The release from fear and the turning to faith seems to be a decision we need to make and remake 'from the cradle to the grave.' *Jim Coulter, Australia* ☺

\* Four years ago, an East European friend said: 'You may have high ideals but are you prepared to put your career on the line for them?' That gave me a jolt. Fresh from University I had high-paying career options in front of me. I felt strongly about my beliefs but was I prepared to set aside my ambitions? Immediately fear struck - with good arguments. 'Get real, there is no money in idealism. You'll become dependent on others and alienate your family and friends. What do you imagine you'll achieve?' \*

For weeks I was stuck. Moving forwards meant flying in the face of fear, moving backwards felt like defeat. My parents and friends thought I had lost all common sense by not pursuing my career. When they asked me what I was doing with my life, I would seize up. \*

At the core of my fear was the urge for security - both financial and social. With this understanding, I decided to trust my inner sense. In that moment of freedom, I saw exactly what I felt God wanted of me - voluntary work in areas of conflict. Straight away the fears got on top of me again. But now it was clear that I had a choice: faith or fear. Fears would always be part of me, but I didn't have to let them run my life. In fact, they could be turned into stimulating guides, showing me possible pitfalls and sharpening my senses. \*

Today, I am still following an unorthodox career path, still living with financial insecurity, still battling fear but above all, still trying to be true to my beliefs and ideals. *Jeroen Gunning, The Netherlands/England* ☺



## JUNG AND THE STORY OF OUR TIME

*Laurens van der Post, 1976*

Have you ever read a book that changed your life? A book that set off fireworks in your head. A book with truths you had somehow always known but never thought of before? I have. It introduced me to Carl Gustav Jung - not just his complex psychological theories, but to the soul of the man. Jung believed passionately in the art of story-telling as an essential way of communicating wisdom, and as the author weaves the tale of his friend's life it becomes a parable of our modern search for truth. Jung has, perhaps more than any other, wrestled with the great tensions of the modern world - the sophisticated, rational and knowledgeable realm of our conscious and the primitive, intuitive, mythical realm of our subconscious. As a scientist he embraced the principles of empiricism upon which the 'modern' is built. Yet it was his scientific study and experience which convinced him of the existence of a Supreme Being, a universal consciousness which participates in all human life.

As the title suggests, the greatness of this Swiss psychologist is placed in a broad historical context - but it is Jung, the man, who lives in these pages - and his sheer stature as a human being is remarkable. He is both the little boy who dreamed terrible dreams and the psychologist who dared to disagree with his great mentor, Sigmund Freud. Each in his own way struggled to carry the burden of unflinching integrity required of genius if it is to be creative and not destructive. But it is Jung's laugh that Van Der Post remembers with great affection. He writes, "I had only heard such laughter before among the Kalahari bushmen ... 'How can you do it?' I was to say to him so often. 'You are the only person I've met who laugh like a bushman.' And he would just laugh all the more... I would not hesitate to sell everything I possess for the gift of such laughter." Someone once told me that, at its best, psychology is not the study of the human mind but of the human soul. And after reading this book, I believe it. *Janet Gunning, UK*



Musician from *The Serene Smile* Photo: David Channer

### THE SERENE SMILE

*Director: Alan Channer*

*Production and Camera: David Channer*

If you are looking for the true meaning of peace, I doubt you will be disappointed in this! Rarely have I seen a film with such a powerful message conveyed in so modest a way.

Produced for a Cambodian audience, it not only gives hope to this war-torn country but it represents an oasis in the desert of our selfish and materialistic attitudes.

The beautiful illustration of a contemporary poem - interwoven with verses from the Buddhist Scriptures - portrays Cambodia's immense suffering. Yet more importantly it emphasises and draws out the riches of its culture and spiritual wisdom. The majesty of these riches is well depicted in the stunning cinematography. It is thoughtfully presented and excellently co-ordinated with the moving narration.

Terrifying pictures show the absurdity and atrocities of war - the suffering, hatred, anger and conflict which have raged in the country for many decades. Time and again the film draws the viewer to the solution which is so simple - yet who is prepared to take the first step towards peace, forgiveness and healing?

*Christine Karrer, Switzerland*

THE SERENE SMILE is available from Grosvenor Productions Ltd., 12 Palace Street, London SW1E 5JF, UK (£12.50 + pp) or Grosvenor Books, 24 Aisbett Avenue, Burwood, VIC 3125, Australia (Aus\$25 + pp).



## FAITH NO MORE - Live

Festival Hall, Melbourne, August 12th

It was amusing to see how many people had paid \$38 to see a band on the strength of their rather mild singles. Some stood dumbfounded by songs like 'Ugly in the Morning' and 'What a Day', which were propelled by incessant staccato bass and kick drums, and intensified by vocalist Mike Patton's contrasting styles of character dialogue, melodrama and squealing. With 11 tracks off their latest album *King for a Day...*, one suspects they have become bored with their other material. Smash hits 'Epic' and 'From out of Nowhere' seemed like covers for Patton, who is no longer the nasally congested rock-hero of old.

Their bizarre choice of cover songs did not include Black Sabbath's 'War Pigs'. It was replaced by Portishead, The Bee Gees, The Commodores and even Take That.

Looking around the venue, I wondered how many boppers or head-bangers realise that many of the lyrics contain personalised Jungian philosophy? Does it matter? Of course not. But it is interesting to note certain lyrics:

"That knot is better left untied. I just went and undid mine - it takes some time. And the shadow's so big, it takes the sun out of the day." - 'Digging the Grave'

Technically, their songs are nothing special. Most revolve around rock chord progressions which, in terms of simplicity, are on a par with U2. But the arrangements, lazy passion, integrity and band tightness rocket the music above anything of its genre. One reviewer criticised the band for no longer being innovators. You can only be unique once, and as the phrase goes - 'When you're on a good thing - stick to it'. **Beta**

## LISA GERRARD

### *The Mirror Pool*

*The Mirror Pool* is a most unusual recording - unusually good. It is not the sort of thing I would play whilst doing the housework, nor is it the type of thing I would give to a relative as it might confuse them somewhat. This album is for those who like to sit down and focus their mind solely on what is being played; the music demands nothing less.

With the Victorian Philharmonic Orchestra, Lisa Gerrard invites a musical journey through landscapes of expression and musical technicality. Gerrard has a stunning vocal range; her performance brings an interesting balance to what is happening with the orchestra. Her writing ability is highly advanced, showing many musical styles and ideas.

What I most enjoyed about the album was the music on several tracks which seemed to wander off in many directions at once. It is by no means a sloppy or loose performance; everybody playing has got their act together. Due to the tightness and competence of the performance, I can conclusively say they also know the feel or mood the composer wants expressed.

The music reminded me of *Adagio* by Samuel Barber crossed with *Passion* by Peter Gabriel. There is a fantastic version of Handel's *Largo*. The music on this album is classical but not dated. It has a very modern approach to this genre of music. A very passionate and heart-felt performance which makes the listener listen.

*Tom Herring, Australia*

# 301 302

It was bound to happen. And now it has. Someone's made a film about eating disorders. How refreshing that it be a Korean. My only concern is that director Chulsu Park gets the credit he deserves before someone else jumps in and makes a 'bigger, better' version - in English of course. The action takes place in a block of designer apartments. 301 and 302 face each other and are inhabited by two young women. One is anorexic, the other is bulimic. Both are obsessed by food. But what is really eating away at them? In a surreal style, reminiscent of David Lynch, insights are given into the psychological states of the characters. The link between sexual abuse and anorexia is drawn, as is the incidence of bulimia in people desperately seeking acceptance and love. For all the great music, unusual shots and beautiful colours, I found it painful to watch. But the film is necessary. This epidemic is with us 'big time' and we've got to do something to cure it - or rather the cause.

*Laura Trevelyan, UK*



Faith No More

Photo: Eddie Malluk



# SCATTERED THOUGHTS

A COLLECTION OF QUOTES, THOUGHTS OR SNIPPETS OF WISDOM FOR YOU TO SHARE WITH THE WORLD. If you have something, please send it to us and let's see if 'words and ideas can change the world'. MIRIAM BOXER, P.O. BOX 207, BELAIR 5052, SOUTH AUSTRALIA. FAX +61 8 370 3379 [globalex@melbourne.dialix.oz.au](mailto:globalex@melbourne.dialix.oz.au)

WE CAN NO LONGER AFFORD THE LUXURY OF AVOIDING REALITY; MUCH OF THE PLANET IS DYING AND WE ARE THE CAUSE. WE HAVE ONE DECADE TO SALVAGE THE FUTURE. IF WE ARE TO PREVENT MASSIVE FAMINE, DISEASE AND WAR THEN WE MUST RADICALLY TRANSFORM SOCIETY AND OUR LIVES. ...WE STILL DON'T KNOW HOW TO DEAL WITH OUR BASIC PROBLEM OF MANKIND - GETTING ON WITH EACH OTHER.

- DR DAVID SUZUKI

## PLANS ARE USELESS BUT PLANNING IS ESSENTIAL.

A NERD IS A PERSON WITHOUT ENOUGH AFRICA IN HIM OR HER. - BRIAN ENO

IF YOU WANT TO BE DRIVEN TO DISTRACTION, ASK EVERYBODY'S ADVICE.

DON'T ABANDON YOUR DREAMS BECAUSE OF THOSE WHO HAVE LOST THE ABILITY TO DREAM.

IN THE MIDST OF WINTER, I FINALLY LEARNED THAT THERE WAS IN ME AN INVINCIBLE SUMMER. - ALBERT CAMUS

BASIC BUILDING BLOCKS OF LIFE. - JERRY SEINFELD

TELEVISION: THE DRUG OF A NATION, BREEDING IGNORANCE AND FEEDING RADIATION.

- DISPOSABLE HEROES OF HIPHOPRISY

A GREAT PLEASURE IN LIFE IS DOING THINGS PEOPLE SAY YOU CANNOT DO. - WALTER GOGHEOT

THINGS MAY COME TO THOSE WHO WAIT, BUT ONLY THINGS LEFT BY THOSE WHO HUSTLE.

- ABRAHAM LINCOLN

SMILE - IT MAKES PEOPLE WONDER WHAT YOU'VE BEEN DOING.

IN THE AIR, YOU'LL HIT SOMEONE GUILTY. - BONO

IF YOU NEED SOMEONE TO BLAME - THROW A ROCK UNTIL ONE IS COMMITTED, THERE IS HESITANCY. ...THE MOMENT ONE DEFINITELY COMMITS ONESELF, THEN PROVIDENCE MOVES TOO. ...BOLDNESS HAS POWER, GENIUS AND MAGIC IN IT. BEGIN IT NOW! - GOETHE STATEMENT

YESTERDAY IS ASHES ONLY TODAY THE FIRE BURNS BRIGHTLY - OLD AMERICAN SAYING

- MAHATMA GANDHI

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